



Week Commencing: _____

Please return by **TUESDAY** to ensure your choices

Meals Service Winter Menu - Week One Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Wine Braised Beef Steak with Gravy	A <input type="checkbox"/> Apple & Rhubarb Crumble with Whipped Cream
B <input type="checkbox"/> Barramundi Fillet with Creamy Lemon Sauce	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Caesar Salad	<input type="checkbox"/> Cream of Broccoli Soup
Tuesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Chicken Parmigiana	A <input type="checkbox"/> Butterscotch Self-Saucing Pudding
B <input type="checkbox"/> Vegetarian Lasagne with Parmesan Cheese	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuscan Chickpea Salad	<input type="checkbox"/> Creamy Celeriac & Potato Soup
Wednesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Corned Silverside with Seeded Mustard Sauce	A <input type="checkbox"/> Berry Cobbler with Whipped Cream
B <input type="checkbox"/> Slow Cooked Honey Cumin Marinated Pork Scotch with Gravy	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Salad	<input type="checkbox"/> Chicken & Asparagus Soup
Thursday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Beef with Gravy	A <input type="checkbox"/> Orange & Ginger Steamed Pudding with Carmel Sauce
B <input type="checkbox"/> Chicken Teriyaki	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Potato, Bacon & Egg Salad	<input type="checkbox"/> Carrot & Ginger Soup
Friday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Fish of The Day with Lemon Sauce	A <input type="checkbox"/> Tiramisu
B <input type="checkbox"/> Beef & Red Wine Casserole	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuna Nicoise Salad	<input type="checkbox"/> Potato & Bacon Soup

We value your feedback please turn over to give your feedback

