

Dementia Services

Maranoa House & Maranoa Club

We assist clients living in the community to maintain their independence and achieve a greater quality of life, while providing respite for carers



“Maranoa house is such a vibrant, caring and vitally important part of community. I feel privileged to be a part of it and look forward to my weekly experience”

Rosa (Maranoa House Volunteer)



Maranoa House

Maranoa House Dementia Day Care Centre has been providing dementia care since 1989, offering respite services to people living with dementia and their carers.

Maranoa House is an invaluable respite option for carers.

We offer a range of programs to suit the abilities of people with mild, moderate or severe dementia. This service is one of only a few of its kind and provides a welcoming and homely environment within a lovely garden setting in a tree lined residential area of Canterbury.

We operate
6 days a week

Our range of dementia day care programs and activities include:

- **Planned Activity Group**
- **Overnight and Evening Respite Program**
- **Maranoa Carers Groups**

Planned Activity Group (PAG)

The Planned Activity Group provides activities that suit the abilities of our clientele 6 days a week. Familiar household tasks, meal preparation, gardening, walking, music and other recreational activities form the basis of the program.

The programs include:

- **In-House Program** (Mon, Thurs)
- **Going out groups** (Mon, Wed, Fri, Sat)
We offer an in-house program for clients who are unable to attend outings.
- **Italian Days** (Tuesday)
- **'Just Blokes' Group** (Wed)

Our PAG programs run:

Monday–Friday 9:30am to 3:30pm

Saturdays 10:00am to 3:00pm

A modest fee covers a hot midday meal, morning and afternoon tea.



Overnight & Evening Respite Program

Wednesday overnight program for up to 3 clients in the familiar Maranoa House environment.

- clients generally arrive 9:30am Wednesday
- picked up at 3:30pm Thursday.

Times are flexible to meet clients & carers needs.



Carers Groups

The task of caring for a person at home often falls to a close relative, or a friend and can be complex and demanding – and often made more difficult through the lack of understanding and support.

Carers often find their life is no longer their own, their relationships are put on hold and their leisure time gradually disappears. The people who are most likely to know how to help and who understand how you are feeling are those who have had similar experiences.

The Maranoa Carers Groups are all about providing a safe and supportive environment for carers to have a break, take some time for themselves and get to know others in similar situations.

The Maranoa Carers Groups provide an invaluable opportunity for participants to:

- enjoy some time out and meaningful conversation about the world outside of caregiving
- learn more about the challenges of caregiving, and possible strategies from other carers
- share experiences with others in a safe and supportive environment
- make new friends
- assist in program design
- assist and encourage one another.

Carers Groups Special Social Events

The Maranoa Carers Groups organise special social events in addition to holding monthly support meetings:
(respite care for client can be provided)

- **Maranoa House Carers Group** meet on the **4th Monday** of each month at 12.00 noon *(light lunch included)*.

- **Younger Onset Carers Group** meet on the **last Thursday** of each month at 4.00pm.



Maranoa Club

In March 2020, the Maranoa Club officially opened and welcomed people with younger onset dementia (50–70 years) to assist them in living productive, enjoyable lives and to provide invaluable respite and support for carers.

Currently operating Monday, Tuesdays and Thursdays, all of our groups are small and personalised offering a variety of programs structured to suit the clients who are currently attending.

Monday & Tuesday Program

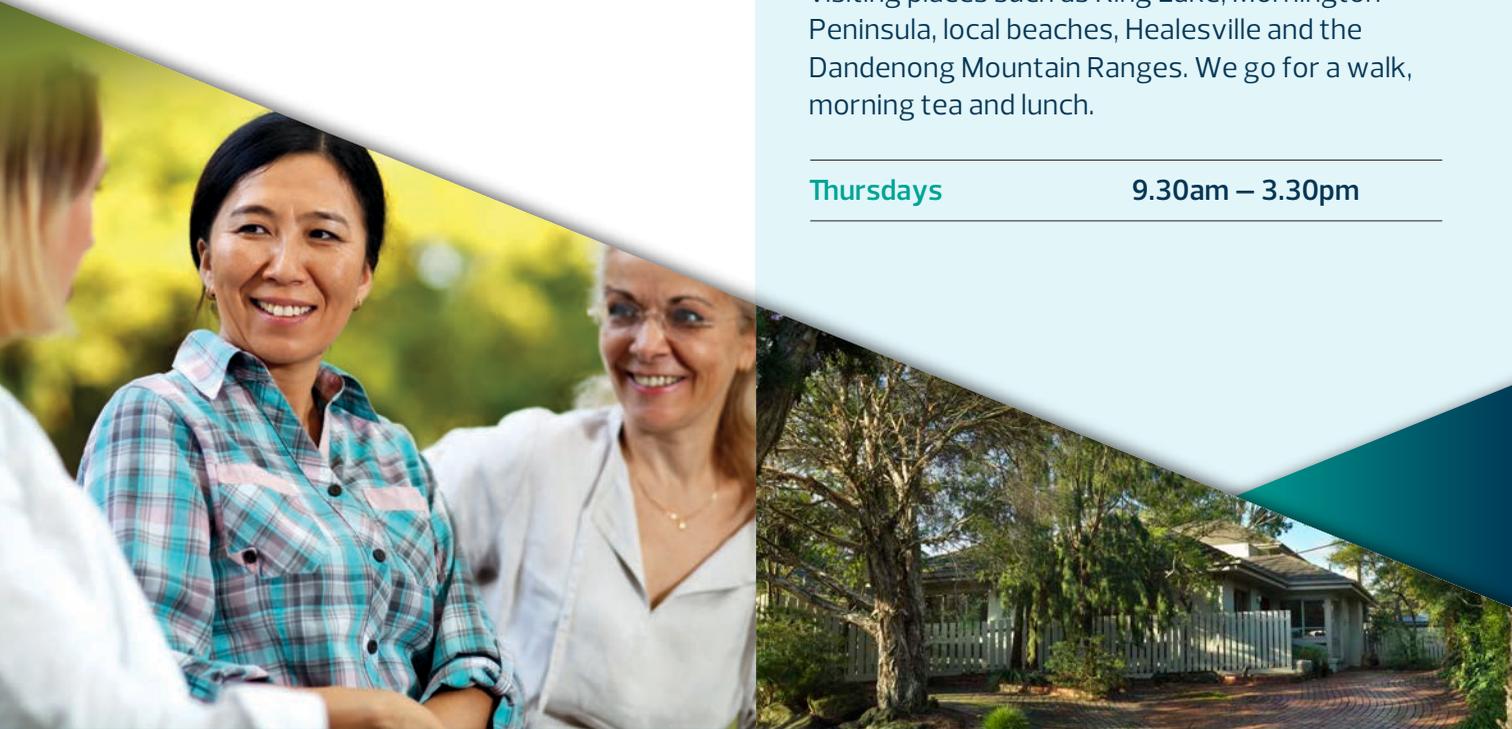
Includes half a day spent out of the centre, either for a walk or morning tea/lunch at a local café. On our return we usually have several activities to accommodate our clients different interests. They are offered a choice of activities, which may include: puzzles, art and craft, gardening, cooking, or a concert or program on the smart TV.

Mondays & Tuesdays 7.00am – 5.00pm

Thursday Program

Is an all-day outing. We travel for up to an hour visiting places such as King Lake, Mornington Peninsula, local beaches, Healesville and the Dandenong Mountain Ranges. We go for a walk, morning tea and lunch.

Thursdays 9.30am – 3.30pm



New Clients

Anyone in the community may refer prospective clients who live in the Municipality of Boroondara or surrounds and are cared for at home.

If you have a friend or relative who would like to attend **Maranoa House or Maranoa Club** please contact **(03) 8809 4979** for an assessment.

Incontinence, wandering and other behavioural changes do not exclude people from the programs, however, mobility is desirable. Occasional supervised care before and after all weekday programs is available on request.

At Maranoa House and Maranoa Club we aim:

- to enable service users to continue living productive, enjoyable lives in the community
- to provide invaluable respite and support for carers
- for clients to flourish and return home feeling energised & good about themselves, with smiles on their faces.
- to create camaraderie and friendships. Clients who connect and like to communicate with each other are usually seated next to each other and we often see them chatting like old friends.



Staff / Volunteers

We maintain high staff-to-client ratios, giving you peace of mind knowing that our qualified staff are on duty around the clock. Our staff are committed to providing care that is person-centred and is focused on providing dignity, choice, independence and respect to our clients, ensuring each client is happy, safe and comfortable.

BASScare was started by a group of volunteers in 1956 and without their incredible dedication and support we could not provide the many services that are so valued by our clients today. With respect and consideration, our volunteers assist in the engagement of the clients in activities.

Helpful Links/Contacts

Alzheimer's Australia:

www.alzheimers.org.au

National Dementia Helpline: 1800 100 500

My Aged Care: 1800 200 422

Carer Gateway: 1800 422 737

National Disability

Insurance Scheme (NDIS): 1800 800 110



Empowering those over 55 to live well through every stage of ageing

BASScare is a not-for-profit, community based provider offering a broad range of services in Boroondara. These include:

- **Meals on Wheels**
- **Home Care Services** – all levels of care
- **Group Social & Activity Programs** offering social connections, friendships, activities & services
- **Affordable Independent Living Units** across 4 different Boroondara locations
- **Retirement Living** – Hester Canterbury
- **Assisted Living** – Morgan Glen Iris
- **Respite & Permanent Residential Aged Care** Favershams House
- **Volunteering**

Further details available online or call to speak to our friendly staff



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