



Week Commencing: _____

Please return by **TUESDAY** to ensure your choices

Meals Service Autumn Menu - Week One Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Salmon with Lemon Sauce & Mash Potato	A <input type="checkbox"/> Pavlova with Chantilly Cream & Berry Compote
B <input type="checkbox"/> Coconut Lamb Curry with Rice	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Caesar Salad	<input type="checkbox"/> Carrot & Broccoli Soup
Tuesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Beef with Gravy & Mashed Potato	A <input type="checkbox"/> Chocolate Cheesecake
B <input type="checkbox"/> Satay Chicken with Rice	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuscan Chickpea Salad	<input type="checkbox"/> Tuscan Chickpea Soup with Pasta
Wednesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Chermoula Chicken with Gravy	A <input type="checkbox"/> Tiramisu
B <input type="checkbox"/> Sweet & Sour Pork	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Salad	<input type="checkbox"/> Lamb & Barley Soup
Thursday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Lamb With Gravy	A <input type="checkbox"/> Peach Sponge with Custard
B <input type="checkbox"/> Curried Sausages	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Potato, Bacon & Egg Salad	<input type="checkbox"/> Creamy Carrot & Coconut Soup
Friday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Fish of The Day with Lemon Sauce	A <input type="checkbox"/> Rhubarb Turnover
B <input type="checkbox"/> BBQ Sausages with Gravy	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuna Nicoise Salad	<input type="checkbox"/> Pea and Ham Soup

We value your feedback please turn over to give your feedback

