



Week Commencing: \_\_\_\_\_

## Meals Service Autumn Menu - Week Three Menu

Name \_\_\_\_\_

Address: \_\_\_\_\_

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.  
Please return your completed menu to your driver.

<b>Monday - Delivered Monday. This Meal must be eaten on Tuesday.</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Roast Turkey with Cranberry Sauce	A <input type="checkbox"/> Apple Strudel with Custard
B <input type="checkbox"/> Beef Sausages with Gravy	B <input type="checkbox"/> Fresh Fruit    C <input type="checkbox"/> Two Fruits    D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Caesar Salad	<input type="checkbox"/> Minestrone Soup
<b>Tuesday - Delivered Monday. This Meal must be eaten on Tuesday.</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Roast Pork with Apple Sauce	A <input type="checkbox"/> Pineapple Upside Down With Cream
B <input type="checkbox"/> Slow Cooked Lamb with Mint Sauce	B <input type="checkbox"/> Fresh Fruit    C <input type="checkbox"/> Two Fruits    D <input type="checkbox"/> Yoghurt
	<input type="checkbox"/> Celery Soup
<b>Wednesday - Delivered Wednesday. This Meal must be eaten on Wednesday.</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Tandoori Chicken with Tandoori Sauce	A <input type="checkbox"/> Apple and Dates Crumble
B <input type="checkbox"/> Beef Goulash	B <input type="checkbox"/> Fresh Fruit    C <input type="checkbox"/> Two Fruits    D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Salad	<input type="checkbox"/> Italian Tomato & Red Lentil Basil Soup
<b>Thursday - Delivered Wednesday. This Meal must be eaten on Thursday.</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Baked Salmon with Dill Sauce	A <input type="checkbox"/> Coffee Pannacotta
B <input type="checkbox"/> Slow Cooked Mediterranean Lamb Casserole	B <input type="checkbox"/> Fresh Fruit    C <input type="checkbox"/> Two Fruits    D <input type="checkbox"/> Yoghurt
	<input type="checkbox"/> Creamy Zucchini & Basil Soup
<b>Friday - Delivered Friday. This Meal must be eaten on Friday.</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Honey Pork Medallions with Gravy	A <input type="checkbox"/> New York Baked Cheesecake
B <input type="checkbox"/> Beef Ravioli with Rich Napoli Sauce	B <input type="checkbox"/> Fresh Fruit    C <input type="checkbox"/> Two Fruits    D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuna Nicoise Salad	<input type="checkbox"/> Chicken & Vegetable Soup

We value your feedback please turn over to give your feedback

