

Meals Service Autumn Menu - Week Two Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday - Delivered Monday. This Meal must be eaten on Tuesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Chicken with Gravy	A <input type="checkbox"/> Baked Coconut Custard
B <input type="checkbox"/> Beef Sausages & Gravy	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Caesar Salad	<input type="checkbox"/> Chicken Vegetable Soup
Tuesday - Delivered Monday. This Meal must be eaten on Tuesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Turkey with Cranberry Sauce & Gravy	A <input type="checkbox"/> Fruit Charlotte
B <input type="checkbox"/> Roast Pork with Apple Sauce	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
	<input type="checkbox"/> Fennel & Vegetable Soup
Wednesday - Delivered Wednesday. This Meal must be eaten on Wednesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Slow Cooked Beef Cheeks with Gravy	A <input type="checkbox"/> Cherry Cake with Custard
B <input type="checkbox"/> Mango Chicken with Rice	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Salad	<input type="checkbox"/> Creamy Cauliflower & Cheese Soup
Thursday - Delivered Wednesday. This Meal must be eaten on Thursday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Baked Fish with Cheese & Parsley Sauce	A <input type="checkbox"/> Mango Cheese Cake
B <input type="checkbox"/> Chicken & Chives Sausages with Gravy	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
	<input type="checkbox"/> Cream of Pumpkin Soup
Friday - Delivered Friday. This Meal must be eaten on Friday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Char Siu Pork Steak With Gravy	A <input type="checkbox"/> Bread & Butter Pudding with Custard
B <input type="checkbox"/> Vegetable Lasagne	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuna Nicoise Salad	<input type="checkbox"/> Red Lentil & Carrot Soup

We value your feedback please turn over to give your feedback

Meals on Wheels Hawthorn/Kew

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Please write any comments you have on our meals and the service we provide. Thank you
