



Week Commencing: \_\_\_\_\_

## Meals Service Autumn Menu - Week One Menu

Name \_\_\_\_\_

Address: \_\_\_\_\_

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.  
Please return your completed menu to your driver.

<b>Monday - Delivered Monday. This Meal must be eaten on Tuesday.</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Pork & Fennel Meat Loaf with Gravy	A <input type="checkbox"/> Fruit Jelly & Custard
B <input type="checkbox"/> Mango Chicken Curry with Rice	B <input type="checkbox"/> Fresh Fruit    C <input type="checkbox"/> Two Fruits    D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Caesar Salad	<input type="checkbox"/> Tuscan Vegetable & Bean Soup
<b>Tuesday - Delivered Monday. This Meal must be eaten on Tuesday.</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Roast Turkey with Cranberry Sauce & Gravy	A <input type="checkbox"/> Berry Cobbler & Ice Cream
B <input type="checkbox"/> Roast Beef with Gravy	B <input type="checkbox"/> Fresh Fruit    C <input type="checkbox"/> Two Fruits    D <input type="checkbox"/> Yoghurt
	<input type="checkbox"/> Lentil Curry Soup
<b>Wednesday - Delivered Wednesday. This Meal must be eaten on Wednesday.</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Salmon with Lemon Sauce & Mash Potato	A <input type="checkbox"/> Pavlova with Chantilly Cream & Berry Compote
B <input type="checkbox"/> Coconut Lamb Curry with Rice	B <input type="checkbox"/> Fresh Fruit    C <input type="checkbox"/> Two Fruits    D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Salad	<input type="checkbox"/> Cream of Chicken & Celery Soup
<b>Thursday - Delivered Wednesday. This Meal must be eaten on Thursday.</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Roast Beef with Gravy & Mashed Potato	A <input type="checkbox"/> Chocolate Cheesecake
B <input type="checkbox"/> Satay Chicken with Rice	B <input type="checkbox"/> Fresh Fruit    C <input type="checkbox"/> Two Fruits    D <input type="checkbox"/> Yoghurt
	<input type="checkbox"/> Tuscan Chickpea Salad
<b>Friday - Delivered Friday. This Meal must be eaten on Friday.</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Chermoula Chicken with Gravy	A <input type="checkbox"/> Tiramisu
B <input type="checkbox"/> Sweet & Sour Pork	B <input type="checkbox"/> Fresh Fruit    C <input type="checkbox"/> Two Fruits    D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuna Nicoise Salad	<input type="checkbox"/> Lamb & Barley Soup

We value your feedback please turn over to give your feedback

