



Week Commencing: \_\_\_\_\_

Please return by **TUESDAY** to ensure your choices

## Meals Service Autumn Menu - Week Three Menu

Name \_\_\_\_\_

Address: \_\_\_\_\_

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.  
Please return your completed menu to your driver.

<b>Monday</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Tandoori Chicken with Tandoori Sauce	A <input type="checkbox"/> Apple and Dates Crumble
B <input type="checkbox"/> Beef Goulash	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Caesar Salad	<input type="checkbox"/> Italian Tomato & Red Lentil Basil Soup
<b>Tuesday</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Slow Cooked Mediterranean Lamb	A <input type="checkbox"/> Coffee Pannacotta
B <input type="checkbox"/> Baked Salmon with Dill Sauce	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuscan Chickpea Salad	<input type="checkbox"/> Creamy Zucchini & Basil Soup
<b>Wednesday</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Honey Pork Medallions	A <input type="checkbox"/> New ork Baked Cheesecake
B <input type="checkbox"/> Beef Ravioli with Rich Napoli Sauce	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Salad	<input type="checkbox"/> Chicken & Vegetable Soup
<b>Thursday</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Roast Beef with Mash Potato & Gravy	A <input type="checkbox"/> Trifle
B <input type="checkbox"/> Butter Chicken with Rice	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Potato, Bacon & Egg Salad	<input type="checkbox"/> Carrot & Lentil Soup
<b>Friday</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Fish of The Day with Lemon Sauce	A <input type="checkbox"/> Chocolate Ripple Cake
B <input type="checkbox"/> Meatloaf with Gravy	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuna Nicoise Salad	<input type="checkbox"/> Sweet Potato Soup

We value your feedback please turn over to give your feedback

