

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
1		2		3		4		5		6	7
Office closed until Tuesday 2nd January		Office open No programs running		Office open No programs running		Office open No programs running		Office open, No programs running			
8		9		10		11		12		13	14
10.00am Art Class 12.30pm Lunch 1.30pm Brain Games		10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected - Tech Help		10.30am Lifelong Learning Group 12.30pm Lunch 1.30pm Movie		10am /11.00am Exercise Class (*I) (Marwal) 10.00am BC-Connected - Tech Help		Day Trip Diamond Creek Hotel, Diamond Creek 9.00am Hairdressing 9.00am Podiatry (Marwal) 9.00am Exercise Physiology			
15		16		17		18		19		20	21
Day Trip Boroondara Blokes – The Tasty Chinese Kitchen, Gisborne. 10.00am Art Class 12.30pm Lunch 1.30pm Brain Games 1.30pm Mahjong 1.30pm BC-Connected - Tech Help		Day Trip Pine Grove Hotel, Upper Beaconsfield 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected - Tech Help		10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Lifelong Learning Group 12.30pm Lunch 1.30pm Movie		10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 10.00am BC-Connected - Tech Help 1.30pm SCRABBLE 1.30pm Seniors Yoga 2.00pm Music Memories		Day Trip The Cove Hotel, Patterson Lakes 9.00am Hairdressing (Marwal) 9.00am Podiatry 9.00am Exercise Physiology			
22		23		24		25		26		27	28
10.00am Art Class 12.30pm Lunch 1.30pm Brain Games 1.30pm BC-Connected - Tech Help		Day Trip Kooyong Tennis Club Trophy Tour, Kooyong 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected - Tech Help		10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Lifelong Learning Group 12.15pm Australia Day Special Luncheon at the Maranoa Club		10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 10.00am BC-Connected - Tech Help 1.30pm Seniors Yoga	 OFFICE CLOSED AUSTRALIA DAY			
29		30		31							
Day Trip Boroondara Blokes – Yarra Glen Rail Station, Yarra Glen 10.00am Art Class 12.30pm Lunch 1.30pm Brain Games 1.30pm BC-Connected - Tech Help		Day Trip Bridge Hotel, Mordialloc 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected - Tech Help		10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Lifelong Learning Group 12.30pm Lunch 1.30pm Movie							

\$30 Australian BBQ
 24th January
 12.15pm - 2.30pm
 Bookings essential!
 Maranoa Club,
 6 Faversham Road,
 Canterbury

Bookings essential for all activities

Exercise Classes*

Novice = (*N) Tuesdays
 Intermediate = (*I) Wednesdays & Thursdays
 Advanced = (*A) Wednesdays & Thursdays

Exercise Physiology available by appointment

* Prices listed are for recipients of the Commonwealth Home Support Program subsidy. To receive this subsidy you will need a My Aged Care number and referral. Please call 9880 4709 to be advised of the standard cost.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
CHINESE NEW YEAR At the Canterbury Centre Wednesday 14th February		YEAR OF THE DRAGON SPECIAL PRESENTATION 10.30am - \$15* CHINESE NEW YEAR LUNCHEON 12.30pm - \$12*				1		2		3	4
						10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 10.00am BC-Connected - Tech Help 1.30pm SCRABBLE 1.30pm Seniors Yoga 2.00pm Music Memories 2.00pm Pottery	Day Trip 9.00am The Red House Chinese Restaurant, Scoresby 9.00am Hairdressing (Marwal) 9.00am Podiatry 9.00am Exercise Physiology				
5		6		7		8		9		10	11
Day Trip Outlet Shopping Trip - Linen House, Heatherton 10.00am Art Class 10.00am Tai Chi 12.30pm Lunch 1.30pm Brain Games 1.30pm Mahjong 1.30pm BC-Connected - Tech Help 1.30pm Activities Committee Meeting		Day Trip Steeple Racetrack Hotel, Mornington 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected - Tech Help		10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Lifelong Learning Group 12.30pm Lunch 1.30pm Social Stitchers 1.30pm Movie		10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 10.00am BC-Connected - Tech Help 1.30pm Seniors Yoga 2.00pm Pottery		Day Trip The Riverview Restaurant and Café, Warburton 9.00am Hairdressing 9.00am Podiatry (Marwal) 9.00am Exercise Physiology			
12		13		14		15		16		17	18
Day Trip Boorondara Blokes - Lancefield Hotel, Lancefield 10.00am Art Class 10.00am Tai Chi 12.30pm Lunch 1.30pm Brain Games 1.30pm BC-Connected - Tech Help		Day Trip SkyHigh, Mt Dandenong 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected - Tech Help		10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Lifelong Learning Group 12.30pm Chinese New Years' Luncheon 1.30pm Social Stitchers 1.30pm Movie		10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 10.00am BC-Connected - Tech Help 1.30pm SCRABBLE 1.30pm Seniors Yoga 2.00pm Music Memories 2.00pm Pottery		Day Trip Cappa Rossi's Italian Fusion Restaurant, Kinglake 9.00am Hairdressing (Marwal) 9.00am Podiatry 9.00am Exercise Physiology			
19		20		21		22		23		24	25
10.00am Art Class 10.00am Tai Chi 12.30pm Lunch 1.30pm Brain Games 1.30pm Mahjong 1.30pm BC-Connected - Tech Help		Day Trip Scenic Drive to Mt Macedon 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected - Tech Help		10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Lifelong Learning Group 12.30pm Lunch 1.30pm Social Stitchers 1.30pm Movie 1.30pm Mail Out Working Bee		10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 10.00am BC-Connected - Tech Help 1.30pm Seniors Yoga 2.00pm Pottery		Day Trip Waves Restaurant, Frankston 9.00am Hairdressing 9.00am Podiatry (Marwal) 9.00am Exercise Physiology 10.30am Friday Flicks			
26		27		28		29		Bookings essential for all activities 9880 4709 Exercise Classes* Novice = (*N) Tuesdays Intermediate = (*I) Wednesdays & Thursdays Advanced = (*A) Wednesdays & Thursdays Exercise Physiology available by appointment			
Day Trip Boroondara Blokes - Beaumaris Beach 10.00am Art Class 10.00am Tai Chi 12.30pm Lunch 1.30pm Brain Games 1.30pm BC-Connected - Tech Help		Day Trip Immigration Museum, Melbourne 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected - Tech Help		10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Lifelong Learning Group 12.30pm Lunch 1.30pm Social Stitchers 1.30pm Movie		10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 10.00am BC-Connected - Tech Help 1.30pm Seniors Yoga 2.00pm Music Memories 2.00pm Pottery					

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