



Week Commencing: _____

Meals Service Spring Menu – Week Three Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday	
Please select one main meal A <input type="checkbox"/> Slow Cooked Beef Cheeks With Red Wine Gravy B <input type="checkbox"/> Mild Tandoori Garlic Prawns With Butter Curry Sauce C <input type="checkbox"/> Caesar Salad	Please select one dessert A <input type="checkbox"/> Sticky Date Pudding with Caramel Sauce B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt <input type="checkbox"/> Creamy Cauliflower Soup
Tuesday	
Please select one main meal A <input type="checkbox"/> Moroccan Lamb Tagine B <input type="checkbox"/> Chicken Schnitzel With Gravy C <input type="checkbox"/> Potato & Bacon Salad	Please select one dessert A <input type="checkbox"/> New York Baked Cheese Cake B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt <input type="checkbox"/> Seafood Chowder
Wednesday	
Please select one main meal A <input type="checkbox"/> Salmon Fillet with Dill Sauce Lamb Meatballs With Napoli Sauce B <input type="checkbox"/> & Parmesan Cheese C <input type="checkbox"/> Chickpea Salad	Please select one dessert A <input type="checkbox"/> Pear and Peach Crumble With Custard B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt <input type="checkbox"/> Smoked Ham Hock And Pea Soup
Thursday	
Please select one main meal A <input type="checkbox"/> Roast Chicken With Gravy B <input type="checkbox"/> Pork Fennel Sausages With Gravy C <input type="checkbox"/> Chicken Salad	Please select one dessert A <input type="checkbox"/> Fruit Charlotte With Cream B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt <input type="checkbox"/> Potato & Leek Soup
Friday	
Please select one main meal A <input type="checkbox"/> Fish Of The Day With Hollandaise Sauce B <input type="checkbox"/> Spanakopita with Relish C <input type="checkbox"/> Caesar Salad	Please select one dessert A <input type="checkbox"/> Pavlova With Chantilly Cream & Berry Compote B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt <input type="checkbox"/> Beef & Barley Soup

We value your feedback please turn over to give your feedback

Meals on Wheels Marwal

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Please write any comments you have on our meals and the service we provide. Thank you
