



Week Commencing: _____

Meals Service Spring Menu – Week Four Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday – Delivered Monday. This Meal must be eaten on Monday.

Please select one main meal

- A ☐ Lamb and Rosemary Sausages
B ☐ Chicken Cacciatore
C ☐ Caesar Salad

Please select one dessert

- A ☐ Apple & Sultana Strudel with Cream
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ Sweet Potato Soup

Tuesday – Delivered Monday. This Meal must be eaten on Tuesday.

Please select one main meal

- A ☐ Roast Pork With Apple Sauce & Gravy
B ☐ Roast Beef With Gravy

Please select one dessert

- A ☐ Rum Cake with Vanilla Custard
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ Cauliflower Cheese Soup

Wednesday – Delivered Wednesday. This Meal must be eaten on Wednesday.

Please select one main meal

- A ☐ Salmon Fillets With Hollandaise Sauce
B ☐ Lamb Rogan Josh
C ☐ Chickpea Salad

Please select one dessert

- A ☐ Orange Ginger Steamed Pudding With Cream
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ French onion soup

Thursday – Delivered Wednesday. This Meal must be eaten on Thursday.

Please select one main meal

- A ☐ Braised Steak With Brown Gravy
B ☐ Char Sue Pork

Please select one dessert

- A ☐ Spiced Apple Roll With Custard
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ Tuscan Bean and Vegetable Soup

Friday – Delivered Friday. This Meal must be eaten on Friday.

Please select one main meal

- A ☐ Moroccan Chicken With Creamy Harissa Sauce
B ☐ Creamy Garlic Prawns
C ☐ Caesar Salad

Please select one dessert

- A ☐ Apricot Crumble With Cream
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ Lentil Curry Soup

We value your feedback please turn over to give your feedback



Please write any comments you have on our meals and the service we provide. Thank you
