



Week Commencing: \_\_\_\_\_

## Meals Service Spring Menu – Week Three Menu

Name \_\_\_\_\_

Address: \_\_\_\_\_

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.  
Please return your completed menu to your driver.

### **Monday – Delivered Monday. This Meal must be eaten on Monday.**

#### **Please select one main meal**

A ☐ Pork Meat Loaf With Orange Sauce

B ☐ Beef Bourgionon

C ☐ Caesar Salad

#### **Please select one dessert**

A ☐ Pineapple Upside Down With Cream

B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt

☐ Creamy Broccoli soup

### **Tuesday – Delivered Monday. This Meal must be eaten on Tuesday.**

#### **Please select one main meal**

A ☐ Roast Chicken With Gravy

B ☐ Roast Lamb With Mint Sauce & Gravy

#### **Please select one dessert**

A ☐ Dutch Apple Cake With Custard

B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt

☐ Lentil Curry Soup

### **Wednesday – Delivered Wednesday. This Meal must be eaten on Wednesday.**

#### **Please select one main meal**

A ☐ Slow Cooked Beef Cheeks With Red Wine Gravy

B ☐ Mild Tandoori Garlic Prawns With Butter Curry Sauce

C ☐ Chickpea Salad

#### **Please select one dessert**

A ☐ Sticky Date Pudding with Caramel Sauce

B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt

☐ Creamy Cauliflower Soup

### **Thursday – Delivered Wednesday. This Meal must be eaten on Thursday.**

#### **Please select one main meal**

A ☐ Moroccan Lamb Tagine

B ☐ Chicken Schnitzel With Gravy

#### **Please select one dessert**

A ☐ New York Baked Cheese Cake

B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt

☐ Seafood Chowder

### **Friday – Delivered Friday. This Meal must be eaten on Friday.**

#### **Please select one main meal**

A ☐ Salmon Fillet with Dill Sauce

B ☐ Lamb Meatballs With Napoli Sauce And Parmesan Cheese

C ☐ Caesar Salad

#### **Please select one dessert**

A ☐ Pear and Peach Crumble With Custard

B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt

☐ Smoked Ham Hock And Pea Soup

We value your feedback please turn over to give your feedback



Please write any comments you have on our meals and the service we provide. Thank you

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