



Week Commencing: \_\_\_\_\_

## Meals Service Spring Menu – Week Two Menu

Name \_\_\_\_\_

Address: \_\_\_\_\_

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.  
Please return your completed menu to your driver.

### **Monday – Delivered Monday. This Meal must be eaten on Monday.**

#### **Please select one main meal**

- A ☐ Chargrilled Pork Steak With Gravy  
B ☐ Asian Style Chicken Breast With Teriyaki Sauce  
C ☐ Caesar Salad

#### **Please select one dessert**

- A ☐ Berry Cobbler With Custard  
B ☐ Fresh Fruit   C ☐ Two Fruits   D ☐ Yoghurt  
☐ Fennel Vegetable Soup

### **Tuesday – Delivered Monday. This Meal must be eaten on Tuesday.**

#### **Please select one main meal**

- A ☐ Roast Beef With Gravy  
B ☐ Roast Turkey with Cranberry Sauce

#### **Please select one dessert**

- A ☐ Crème Caramel  
B ☐ Fresh Fruit   C ☐ Two Fruits   D ☐ Yoghurt  
☐ Tomato Basil Soup

### **Wednesday – Delivered Wednesday. This Meal must be eaten on Wednesday.**

#### **Please select one main meal**

- A ☐ Honey Soy Chicken With Rice  
B ☐ Chargrilled Pork Steak With Apple Sauce  
C ☐ Chickpea Salad

#### **Please select one dessert**

- A ☐ Lemon Meringue With Chantilly Cream  
B ☐ Fresh Fruit   C ☐ Two Fruits   D ☐ Yoghurt  
☐ Pea & Ham Soup

### **Thursday – Delivered Wednesday. This Meal must be eaten on Thursday.**

#### **Please select one main meal**

- A ☐ Roast Beef With Yorkshire Pudding & Gravy  
B ☐ Baked Basa Fillet With Cheese & Parsley Sauce

#### **Please select one dessert**

- A ☐ Tiramisu  
B ☐ Fresh Fruit   C ☐ Two Fruits   D ☐ Yoghurt  
☐ Spring Lamb Soup

### **Friday – Delivered Friday. This Meal must be eaten on Friday.**

#### **Please select one main meal**

- A ☐ Lamb & Rosemary Ragout  
B ☐ Roast Turkey with Cranberry Sauce & Gravy  
C ☐ Caesar Salad

#### **Please select one dessert**

- A ☐ Coconut Rice Pudding  
B ☐ Fresh Fruit   C ☐ Two Fruits   D ☐ Yoghurt  
☐ Four Beans Soup

We value your feedback please turn over to give your feedback



Please write any comments you have on our meals and the service we provide. Thank you

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