



## Meals Service Spring Menu – Week One Menu

Name \_\_\_\_\_

Address: \_\_\_\_\_

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.  
Please return your completed menu to your driver.

### Monday – Delivered Monday. This Meal must be eaten on Monday.

#### Please select one main meal

- A ☐ Slow Cooked Pork Steak with Orange Sauce  
B ☐ Spinach & Ricotta Canneloni with Napoli Sauce & Parmesan Cheese  
C ☐ Caesar Salad

#### Please select one dessert

- A ☐ Raspberry Cheesecake  
B ☐ Fresh Fruit   C ☐ Two Fruits   D ☐ Yoghurt  
☐ Farmhouse Stockpot Soup

### Tuesday – Delivered Monday. This Meal must be eaten on Tuesday.

#### Please select one main meal

- A ☐ Roast Chicken with Gravy  
B ☐ Roast Lamb with Mint Sauce

#### Please select one dessert

- A ☐ Steamed Lemon Sponge with Custard  
B ☐ Fresh Fruit   C ☐ Two Fruits   D ☐ Yoghurt  
☐ Chicken & Asparagus Soup

### Wednesday – Delivered Wednesday. This Meal must be eaten on Wednesday.

#### Please select one main meal

- A ☐ Garlic, Rosemary Lamb with Gravy  
B ☐ Chermoula Chicken Breast with Gravy  
C ☐ Chickpea Salad

#### Please select one dessert

- A ☐ Apple & Rhubarb Crumble with Cream  
B ☐ Fresh Fruit   C ☐ Two Fruits   D ☐ Yoghurt  
☐ Chicken Noodle Soup

### Thursday – Delivered Wednesday. This Meal must be eaten on Thursday.

#### Please select one main meal

- A ☐ Spiced Blue Grenadier with Lemon Sauce  
B ☐ Beef Casserole

#### Please select one dessert

- A ☐ Cherry Madira Cake with Custard  
B ☐ Fresh Fruit   C ☐ Two Fruits   D ☐ Yoghurt  
☐ Creamy Cauliflower Chowder

### Friday – Delivered Friday. This Meal must be eaten on Friday.

#### Please select one main meal

- A ☐ Beef Bolognese with Pasta & Garlic Bread  
B ☐ Orange Glazed Pork Medallion  
C ☐ Caesar Salad

#### Please select one dessert

- A ☐ Raspberry Trifle  
B ☐ Fresh Fruit   C ☐ Two Fruits   D ☐ Yoghurt  
☐ White Bean Soup

We value your feedback please turn over to give your feedback



Please write any comments you have on our meals and the service we provide. Thank you

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