



Week Commencing: _____

Please return by **TUESDAY** to ensure your choices

Meals Service Spring Menu – Week Four Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday

Please select one main meal

- A ☐ Salmon Fillets With Hollandaise Sauce
B ☐ Lamb Rogan Josh
C ☐ Caesar Salad

Please select one dessert

- A ☐ Orange Ginger Steamed Pudding With Cream
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ French onion soup

Tuesday

Please select one main meal

- A ☐ Braised Steak With Brown Gravy
B ☐ Char Sue Pork
C ☐ Potato & Bacon Salad

Please select one dessert

- A ☐ Spiced Apple Roll With Custard
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ Tuscan Bean and Vegetable Soup

Wednesday

Please select one main meal

- A ☐ Moroccan Chicken With Creamy Harissa Sauce
B ☐ Creamy Garlic Prawns Chickpea
C ☐ Chickpea Salad

Please select one dessert

- A ☐ Apricot Crumble With Cream
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ Lentil Curry Soup

Thursday

Please select one main meal

- A ☐ Curry Beef Sausages
B ☐ Roast Pork With Apple Sauce & Gravy
C ☐ Chicken Salad

Please select one dessert

- A ☐ Pavlova Roulade
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ Creamy Zucchini & Basil Soup

Friday

Please select one main meal

- A ☐ Fish of the Day With Dill Sauce
B ☐ Vegetable Pasties With Relish
C ☐ Caesar Salad

Please select one dessert

- A ☐ Bread & Butter Pudding With Custard
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ Minted Peas Soup

We value your feedback please turn over to give your feedback



Please write any comments you have on our meals and the service we provide. Thank you
