



Week Commencing: Monday 18th September 2023

Please return by **TUESDAY** to ensure your choices

Meals Service Spring Menu – Week One Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday

Please select one main meal

- A ☐ Garlic & Rosemary Lamb with Gravy
B ☐ Chermoula Chicken Breast with Gravy
C ☐ Caesar Salad

Please select one dessert

- A ☐ Apple & Rhubarb Crumble with Cream
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ Chicken Noodle Soup

Tuesday

Please select one main meal

- A ☐ Spiced Blue Grenadier with Lemon Sauce
B ☐ Beef Casserole
C ☐ Potato & Bacon Salad

Please select one dessert

- A ☐ Cherry Madira Cake with Custard
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ Creamy Cauliflower Chowder

Wednesday

Please select one main meal

- A ☐ Beef Bolognese with Pasta & Garlic Bread
B ☐ Orange Glazed Pork Medallion
C ☐ Chickpea Salad

Please select one dessert

- A ☐ Raspberry Trifle
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ White Bean Soup

Thursday

Please select one main meal

- A ☐ Greek Lamb Roast with Mint Sauce & Gravy
B ☐ Tandoori Chicken Thigh Fillet with Creamy Sauce
C ☐ Chicken Salad

Please select one dessert

- A ☐ Warm Mango & Coconut Sago Pudding
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ Mulligatawny Soup

Friday

Please select one main meal

- A ☐ Fish of the Day with Hollandaise Sauce
B ☐ Vegetarian Lasagne with Parmesan Cheese
C ☐ Caesar Salad

Please select one dessert

- A ☐ White Chocolate & Raspberry Cheesecake
B ☐ Fresh Fruit C ☐ Two Fruits D ☐ Yoghurt
☐ Potato & Leek Soup

We value your feedback please turn over to give your feedback



Please write any comments you have on our meals and the service we provide. Thank you
