



Week Commencing: _____

Meals Service Autumn Menu – Week Four Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Salmon with Lemon Sauce	A <input type="checkbox"/> Pavlova with Chantilly Cream & Berry Compote
B <input type="checkbox"/> Satay Chicken with Rice	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Potato & Bacon Salad with Boiled Eggs	<input type="checkbox"/> Cream of Celery Soup
Tuesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Beef with Gravy	A <input type="checkbox"/> Chocolate Cheesecake
B <input type="checkbox"/> Coconut Lamb Curry with Rice	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Ham, Cheese, Tomato & Egg Salad	<input type="checkbox"/> Tuscan Chickpea Soup with Pasta
Wednesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Chermoula Chicken with Gravy	A <input type="checkbox"/> Tiramisu
B <input type="checkbox"/> Sweet & Sour Pork	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Chicken Pesto Pasta Salad	<input type="checkbox"/> Cream of Broccoli Soup
Thursday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Curried Sausages	A <input type="checkbox"/> Peach Sponge Cake with Custard
B <input type="checkbox"/> Roast Lamb with Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Caesar Salad	<input type="checkbox"/> Creamy Carrot & Coconut Soup
Friday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Fish of the Day	A <input type="checkbox"/> Rhubarb Turnover
B <input type="checkbox"/> Vegetable Lasagne with Garlic Bread	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Tuna & Coleslaw Salad	<input type="checkbox"/> Pea & Ham Soup

We value your feedback please turn over to give your feedback

