



Week Commencing: _____

Meals Service Autumn Menu – Week Four Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday – Delivered Monday. This Meal must be eaten on Monday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Pork & Fennel Meat Loaf with Gravy	A <input type="checkbox"/> Fruit Jelly & Cream
B <input type="checkbox"/> Moroccan Chicken with Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Potato & Bacon Salad with Boiled Eggs	<input type="checkbox"/> Tuscan Vegetable Soup
Tuesday – Delivered Monday. This Meal must be eaten on Tuesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Turkey with Cranberry Sauce & Gravy	A <input type="checkbox"/> Berry Cobbler
B <input type="checkbox"/> Roast Beef with Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Lentil Curry Soup
Wednesday – Delivered Wednesday. This Meal must be eaten on Wednesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Salmon with Lemon Sauce	A <input type="checkbox"/> Pavlova with Chantilly Cream & Berry Compote
B <input type="checkbox"/> Satay Chicken with Rice	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Chicken Pesto Pasta Salad	<input type="checkbox"/> Cream of Celery Soup
Thursday – Delivered Wednesday. This Meal must be eaten on Thursday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Beef with Gravy	A <input type="checkbox"/> Chocolate Cheesecake
B <input type="checkbox"/> Coconut Lamb Curry with Rice	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Tuscan Chickpea Soup with Pasta
Friday – Delivered Friday. This Meal must be eaten on Friday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Chermoula Chicken with Gravy	A <input type="checkbox"/> Tiramisu
B <input type="checkbox"/> Sweet & Sour Pork	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Tuna & Coleslaw Salad	<input type="checkbox"/> Cream of Broccoli Soup

We value your feedback please turn over to give your feedback

Meals on Wheels Hawthorn/Kew

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Please write any comments you have on our meals and the service we provide. Thankyou
