



Week Commencing: _____

Meals Service Autumn Menu – Week One Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday – Delivered Monday. This Meal must be eaten on Monday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Chicken with Chicken Sauce	A <input type="checkbox"/> Baked Coconut Custard
B <input type="checkbox"/> Beef Sausages & Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Potato & Bacon Salad with Boiled Eggs	<input type="checkbox"/> Chicken Vegetable Soup
Tuesday – Delivered Monday. This Meal must be eaten on Tuesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Pork with Apple Sauce	A <input type="checkbox"/> Fruit Charlotte
B <input type="checkbox"/> Roast Turkey with Cranberry Sauce & Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Fennel & Vegetable Soup
Wednesday – Delivered Wednesday. This Meal must be eaten on Wednesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Slow Cooked Beef Cheeks with Mashed Potato	A <input type="checkbox"/> Lemon Meringue with Chantilly Cream
B <input type="checkbox"/> Mango Chicken with Rice	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Chicken Pesto Pasta Salad	<input type="checkbox"/> Creamy Cauliflower Soup
Thursday – Delivered Wednesday. This Meal must be eaten on Thursday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Chicken & Chives Sausages with Gravy	A <input type="checkbox"/> Mango Cheesecake
B <input type="checkbox"/> Baked Fish with Cheese & Parsley Sauce	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Creamy Pumpkin Soup
Friday – Delivered Friday. This Meal must be eaten on Friday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Char Sue Pork with Gravy	A <input type="checkbox"/> Bread & Butter Pudding with Custard
B <input type="checkbox"/> Irish Lamb Stew	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Tuna & Coleslaw Salad	<input type="checkbox"/> Red Lentil & Carrot Soup

We value your feedback please turn over to give your feedback

Meals on Wheels Hawthorn/Kew

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