Meals Service Autumn Menu – Week One Menu

Name
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Address:
_____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday

Please select one main meal	Please select one dessert
A ☐ Slow Cooked Beef Cheeks with Mashed Potato & Gravy	A ☐ Lemon Meringue with Chantilly Cream
B ☐ Mango Chicken with Rice	B ☐ Fresh Fruit ☐ Two Fruits
C ☐ Potato & Bacon Salad with Boiled Egg	☐ Creamy Cauliflower Soup

Tuesday

Please select one main meal	Please select one dessert
A ☐ Chicken & Chives Sausages with Gravy	A ☐ Mango Cheesecake
B ☐ Baked Fish with Cheese & Parsley Sauce	B ☐ Fresh Fruit ☐ Two Fruits
C ☐ Ham, Cheese, Tomato & Egg Salad	☐ Creamy Pumpkin

Wednesday

Please select one main meal	Please select one dessert
A ☐ Char Sue Pork Steak with Gravy	A ☐ Bread & Butter Pudding with Custard
B ☐ Irish Lamb Stew	B ☐ Fresh Fruit ☐ Two Fruits
C ☐ Chicken Pesto Pasta Salad	☐ Red Lentil & Carrot Soup

Thursday

Please select one main meal	Please select one dessert
A ☐ Roast Beef with Gravy	A ☐ Rhubarb & Strawberry Cobbler
B ☐ Honey Soy Chicken	B ☐ Fresh Fruit ☐ Two Fruits
C ☐ Caesar Salad	☐ Beef & Barley Soup

Friday

Please select one main meal	Please select one dessert
A ☐ Fish of the Day	A ☐ Sticky Date Pudding with Caramel Sauce
B ☐ Pumpkin Spinach & Fetta Roll	B ☐ Fresh Fruit ☐ Two Fruits
C ☐ Tuna & Coleslaw Salad	☐ Potato & Leek Soup

We value your feedback please turn over to give your feedback

Please write any comments you have on our meals and the service we provide. Thank   you

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