

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
Bookings Essential for all activities 9880 4709 Exercise Classes* Novice = (*N) Tuesdays Intermediate = (*I) Wednesdays & Thursdays Advanced = (*A) Wednesdays & Thursdays				1	2	3	4	5			
				10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Social Stitchers 1.30pm Movie	10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 11.30am BINGO 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm SCRABBLE 1.30pm Seniors Yoga 2.00pm Pottery	Day Trip Yum Cha, The Golden Palace Templestowe 9.00am Podiatry 11.00am Exercise Physiology		12.30pm Lunch			
6	7	8	9	10	11	12					
10.00am Art Class 12.30pm Lunch 1.30pm Brain Games 1.30pm Mahjong	Day Trip Temperance Showcase, Warburton 9:45am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected – Tech Help	10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Social Stitchers 1.30pm Movie	10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 11.30am Special Presentation 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm Seniors Yoga 2.00pm Pottery 2.30pm Footy Tipping Sign On Afternoon	Day Trip Antique Market and Café, Tyabb 9.00am Hairdresser 9.00am Podiatry (Marwal) 11.00am Exercise Physiology		12.30pm Lunch					
13	14	15	16	17	18	19					
..... OFFICE CLOSED LABOUR DAY Public Holiday	Day Trip Picnic outing Lilydale Lake, Lilydale 9:45am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm Falls Prevention	10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Social Stitchers 1.30pm Movie	10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 11.00am Gardening Workshop (Maranoa Club) 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm SCRABBLE 2.00pm Seniors Yoga 2.00pm Pottery	Day Trip Sandringham Hotel, Sandringham 9.00am Podiatry 11.00am Exercise Physiology		12.30pm Lunch					
20	21	22	23	24	25	26					
Day Trip Special Op Shop Outing, Greensborough 10.00am Art Class 12.30pm Lunch 1.30pm Brain Games 1.30pm Mahjong	Day Trip Dandenong Markets, Dandenong 9:45am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm Falls Prevention	10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Social Stitchers 1.30pm Movie	10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm Seniors Yoga 2.00pm Pottery	Day Trip Ceres Tour, Brunswick 9.00am Hairdresser 9.00am Podiatry (Marwal) 11.00am Exercise Physiology		12.30pm Lunch					
27	28	29	30	31	1	2					
Day Trip Boroondara Blokes Bodgo Motorcycle Café, Blackburn 10.00am Art Class 12.30pm Lunch 1.30pm Brain Games	Day Trip Epping RSL, Epping 9:45am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm Falls Prevention	10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.45am Music Always 12.30pm Lunch 1.30pm Client Afternoon Tea With Elizabeth 1.30pm Social Stitchers	10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm Seniors Yoga 2.00pm Pottery	Day Trip Mont de Lancy Homestead Tour, Wandin 9.00am Podiatry 10.30am Friday Flicks Movie Group 11.00am Exercise Physiology							

* Prices listed are for recipients of the Commonwealth Home Support Program subsidy. To receive this subsidy you will need a My Aged Care number and referral. Please call **9880 4709** to be advised of the standard cost.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
Bookings Essential for all activities 9880 4709					Sunday 9th April 12.30pm Join us to celebrate Easter with a 3-course roast lunch, wine and some extra chocolate goodies!	
Exercise Classes* Novice = (*N) Intermediate = (*I) Advanced = (*A)					Tuesdays Wednesdays & Thursdays Wednesdays & Thursdays	
3	4	5	6	7	8	9
10.00am Art Class 12.30pm Lunch 1.30pm Brain Games	Day Trip The Age Newspaper Tour, Melbourne 9:45am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm Falls Prevention	10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Social Stitchers 1.30pm Movie	10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 11.30am BINGO! 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm SCRABBLE 1.30pm Seniors Yoga 2.00pm Pottery OFFICE CLOSED GOOD FRIDAY Public Holiday		12.30pm Easter SUNDAY LUNCH
10	11	12	13	14	15	16
..... OFFICE CLOSED EASTER MONDAY Public Holiday	Day Trip Robert Gordon Pottery and Café, Pakenham 9:45am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm Falls Prevention	10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Social Stitchers 1.30pm Movie	10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 11.30am SPECIAL PRESENTATION! 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm Seniors Yoga 2.00pm Pottery	Day Trip Australasian Quilt Spectacular, Melbourne 9.00am Podiatry 11.00am Exercise Physiology		12.30pm Lunch
17	18	19	20	21	22	23
Day Trip Special Op Shop Outing, Ringwood 10.00am Art Class 12.30pm Lunch 1.30pm Brain Games 1.30pm Mahjong	Day Trip Olinda Creek Hotel, Lilydale 9:45am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm Falls Prevention	10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Social Stitchers 1.30pm Movie	10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 11.00am Gardening Workshop (Maranoa Club) 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm SCRABBLE 2.00pm Seniors Yoga 2.00pm Pottery	Day Trip Fountains Restaurant, Box Hill TAFE 9.00am Hairdresser 9.00am Podiatry (Marwal) 11.00am Exercise Physiology 11.00am Mail out Working Bee		12.30pm Lunch
24	25	26	27	28	29	30
Day Trip Boroondara Blokes The Old England Hotel, Heidelberg 10.00am Art Class 12.30pm Lunch 1.30pm Brain Games 1.30pm Mahjong OFFICE CLOSED ANZAC DAY Public Holiday	10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Social Stitchers 1.30pm Movie	10.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 12.30pm Lunch 1.30pm BC-Connected – Tech Help 1.30pm Seniors Yoga 2.00pm Pottery	Day Trip The Happy Chinese Restaurant, Tecoma 9.00am Podiatry 10.30am Friday Flicks Movie Group 11.00am Exercise Physiology		12.30pm Lunch

* Prices listed are for recipients of the Commonwealth Home Support Program subsidy. To receive this subsidy you will need a My Aged Care number and referral. Please call **9880 4709** to be advised of the standard cost.