BASS	care	All activities, groups and lunch are at Canterbury Centre unless otherwise stated. Bookings Essential 9880 4709		Canterbury Centre , 2 Rochester Road, Canterbury.		Marwal Centre, 9 Marwal Avenue Balwyn North.	e, 6 Fa	Maranoa Club, 6 Faversham Road, Canterbury.		MARCH 2023	
MONDAY	TUESDAY	(WEDNE	SDAY	THURSDAY			FRIDAY		SAT	SUN
Deelrings Essent	ial far all activit		1		2			3		4	5
Bookings Essent Novice = (*N) Intermediate = Advanced = (*A	Exercise Classes* Tuesdays = (*I) Wednesdays	& Thursdays	10.00am 11.00am 10.30am 12.30pm 1.30pm 1.30pm	Exercise Class (*I) Exercise Class (*A) Learn Laugh & Lunch Group Lunch Social Stitchers Movie	10.00am 10am /11.00am 11.30am 12.30pm 1.30pm 1.30pm 2.00pm	BINGO Lunch	ass (*I) (Marwal) cted — Tech Help	Day Trip 9.00am 11.00am	Yum Cha, The Golden Palace Templestowe Podiatry Exercise Physiology		12.30pm Lunch
6	7		8		9			10		11	12
 10.00am Art Class 12.30pm Lunch 1.30pm Brain Games 1.30pm Mahjong 	Day Trip 9:45am 10.00am 11.15am 12.30pm 1.30pm	Temperance Showcase, Warburton Exercise Physiology Exercise Class (*N) Exercise Class (*N) Lunch BC-Connected – Tech Help	10.00am 11.00am 10.30am 12.30pm 1.30pm 1.30pm	Exercise Class (*I) Exercise Class (*A) Learn Laugh & Lunch Group Lunch Social Stitchers Movie	10.00am 10am /11.00am 11.30am 12.30pm 1.30pm 2.00pm 2.30pm	Special Pre Lunch	ass (*I) (Marwal) sentation cted — Tech Help ga	Day Trip 9.00am 9.00am 11.00am	Antique Market and Café, Tyabb Hairdresser Podiatry (Marwal) Exercise Physiology		12.30pm Lunch
13	14		15		16			17		18	19
OFFICE CLOSED LABOUR DAY Public Holiday	9:45am 10.00am	Picnic outing Lilydale Lake, Lilydale Exercise Physiology Exercise Class (*N) Exercise Class (*N) Lunch BC-Connected – Tech Help Falls Prevention	10.00am 11.00am 10.30am 12.30pm 1.30pm 1.30pm	Exercise Class (*I) Exercise Class (*A) Learn Laugh & Lunch Group Lunch Social Stitchers Movie	10.00am 10am /11.00am 11.00am 12.30pm 1.30pm 1.30pm 2.00pm 2.00pm	Gardening (Maranoa Clu Lunch	lass (*I) (Marwal) Workshop ub) cted – Tech Help	Day Trip 9.00am 11.00am	Sandringham Hotel, Sandringham Podiatry Exercise Physiology		12.30pm Lunch
20	21		22		23			24		25	26
Day TripSpecial Op Shop Greensborough10.00amArt Class12.30pmLunch1.30pmBrain Games1.30pmMahjong	Outing, Day Trip 9:45am 10.00am 11.15am 12.30pm 1.30pm	Dandenong Markets, Dandenong Exercise Physiology Exercise Class (*N) Exercise Class (*N) Lunch BC-Connected – Tech Help Falls Prevention	10.00am 11.00am 10.30am 12.30pm 1.30pm 1.30pm	Exercise Class (*I) Exercise Class (*A) Learn Laugh & Lunch Group Lunch Social Stitchers Movie	10.00am 10am /11.00am 12.30pm 1.30pm 1.30pm 2.00pm	Lunch	lass (*I) (Marwal) cted – Tech Help	Day Trip 9.00am 9.00am 11.00am	Ceres Tour, Brunswick Hairdresser Podiatry (Marwal) Exercise Physiology	C	12.30pm Lunch
27	28		29		30			31		1	2
Day TripBoroondara Blok Bodgo Motorcych Blackburn10.00amArt Class12.30pmLunch1.30pmBrain Games		Epping RSL, Epping Exercise Physiology Exercise Class (*N) Exercise Class (*N) Lunch BC-Connected – Tech Help Falls Prevention	10.00am 11.00am 10.45am 12.30pm 1.30pm	Exercise Class (*I) Exercise Class (*A) Music Always Lunch Client Afternoon Tea With Elizabeth Social Stitchers	10.00am 10am /11.00am 12.30pm 1.30pm 1.30pm 2.00pm	Lunch	lass (*I) (Marwal) cted — Tech Help		Mont de Lancy Homestead Tour, Wandin Podiatry Friday Flicks Movie Group Exercise Physiology		

* Prices listed are for recipients of the Commonwealth Home Support Program subsidy. To receive this subsidy you will need a My Aged Care number and referral. Please call **9880 4709** to be advised of the standard cost.

BASSC	All activities, gr Canterbury Cer Bookings Essentia	oups and lunch are at tre unless otherwise state 9880 4709	Canterbury Centre, 2 Rochester Road, Canterbury.	9 Marwal Avenue, 6	Aaranoa Club, 5 Faversham Road, Canterbury.	APRIL 2023	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SAT	SUN
	all activities 9880 4709 ise Classes* Tuesdays Wednesdays & Thursdays Wednesdays & Thursdays	C	Ster Lunch Book Today	\$15* or \$20* with wine 3-cours	ay 9th April 12.30pm celebrate Easter with a se roast lunch, wine and extra chocolate goodies!	1	2 12.30pm Lunch
3	4	5	6	7		8	9
10.00am Art Class 12.30pm Lunch 1.30pm Brain Games	Day TripThe Age Newspaper Tour, Melbourne9:45amExercise Physiology10.00amExercise Class (*N)11.15amExercise Class (*N)12.30pmLunch1.30pmBC-Connected – Tech Help1.30pmFalls Prevention	11.00amExercise Class (*A)10.30amLearn Laugh & Lunch Group12.30pmLunch1.30pmSocial Stitchers1.30pmMovie	10.00amExercise Class10am /11.00amExercise Class11.30amBINGO!12.30pmLunch1.30pmBC-Connecter1.30pmSCRABBLE1.30pmSeniors Yoga2.00pmPottery	s (*l) (Marwal) ed – Tech Help	OFFICE CLOSED GOOD FRIDAY Public Holiday		12.30pm Æaster SUNDAY LUNCH
10	11	12	13	14		15	16
OFFICE CLOSED EASTER MONDAY Public Holiday	Day TripRobert Gordon Pottery ar Café, Pakenham9:45amExercise Physiology10.00amExercise Class (*N)11.15amExercise Class (*N)12.30pmLunch1.30pmBC-Connected – Tech Help1.30pmFalls Prevention	10.30am Learn Laugh & Lunch Group 12.30pm Lunch	10.00amExercise Class10am /11.00amExercise Class11.30amSPECIAL PRE12.30pmLunch1.30pmBC-Connecter1.30pmSeniors Yoga2.00pmPottery	s (*l) (Marwal) SENTATION! 9.00am 11.00am ed – Tech Help	Australasian Quilt Spectacular, Melbourne Podiatry Exercise Physiology		12.30pm Lunch
17	18	19	20	21		22	23
Day TripSpecial Op Shop Outing, Ringwood10.00amArt Class12.30pmLunch1.30pmBrain Games1.30pmMahjong	Day TripOlinda Creek Hotel, Lilydale9:45amExercise Physiology10.00amExercise Class (*N)11.15amExercise Class (*N)12.30pmLunch1.30pmBC-Connected – Tech Help1.30pmFalls Prevention	11.00amExercise Class (*A)10.30amLearn Laugh & Lunch Group12.30pmLunch1.30pmSocial Stitchers1.30pmMovie	10.00amExercise Class10am /11.00amExercise Class11.00amGardening Wa (Maranoa Club)12.30pmLunch1.30pmBC-Connecter1.30pmSCRABBLE2.00pmSeniors Yoga2.00pmPottery	s (*l) (Marwal) orkshop 9.00am 9.00am 11.00am 11.00am	Fountains Restaurant, Box Hill TAFE Hairdresser Podiatry (Marwal) Exercise Physiology Mail out Working Bee		12.30pm Lunch
24	25	26	27	28		29	30
Day TripBoroondara Blokes The Old England Hotel, Heidelberg10.00amArt Class12.30pmLunch1.30pmBrain Games1.30pmMahjong	OFFICE CLOSED ANZAC DAY Public Holiday	11.00amExercise Class (*A)10.30amLearn Laugh &Lunch Group12.30pmLunchLunch	10.00amExercise Class10am /11.00amExercise Class12.30pmLunch1.30pmBC-Connecter1.30pmSeniors Yoga2.00pmPottery	s (*l) (Marwal) ed – Tech Help 11.00am	The Happy Chinese Restaurant, Tecoma Podiatry Friday Flicks Movie Group Exercise Physiology	þ	12.30pm Lunch

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