



Week Commencing: _____

Meals Service Summer Menu – Week Four Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Chermoula Chicken with Gravy	A <input type="checkbox"/> Rhubarb Turnover
B <input type="checkbox"/> Sticky Sweet Chilli Baked Salmon	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Potato & Bacon Salad with Boiled Eggs	<input type="checkbox"/> Tomato, Lentil & Basil Soup
Tuesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Spaghetti Bolognese with Parmesan Cheese	A <input type="checkbox"/> Citrus Custard Tart
B <input type="checkbox"/> Mushroom & Spinach Quiche with Tomato Relish	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Ham, Cheese, Tomato & Egg Salad	<input type="checkbox"/> Tuscan Chickpea Soup with Pasta
Wednesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Barramundi Fillet with Creamy Lemon Sauce & Potato Gratin	A <input type="checkbox"/> Orange Ginger Steamed Pudding
B <input type="checkbox"/> Lamb Kofta with Curry Sauce & Rice	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Chicken Pesto Pasta Salad	<input type="checkbox"/> Smoked Ham Hock & Pea Soup
Thursday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Pork with Apple Sauce	A <input type="checkbox"/> Spiced Apple Roll
B <input type="checkbox"/> Beef Bourguignon	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Caesar Salad	<input type="checkbox"/> Creamy Zucchini & Basil Soup
Friday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Crumbed Fish with Tartare Sauce	A <input type="checkbox"/> Vanilla Pannacotta with Berry Compote
B <input type="checkbox"/> Beef Sausages with Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Tuna & Coleslaw Salad	<input type="checkbox"/> Chicken & Corn Chowder Soup

We value your feedback please turn over to give your feedback



Please write any comments you have on our meals and the service we provide. Thank you
