



Week Commencing: _____

Please return by **TUESDAY** to ensure your choices

Meals Service Summer Menu – Week Three Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday	
Please select one main meal A <input type="checkbox"/> Braised Steak with Gravy B <input type="checkbox"/> Ravioli Pasta with Rich Napoli Sauce & Parmesan Cheese C <input type="checkbox"/> Potato & Bacon Salad with Boiled Egg	Please select one dessert A <input type="checkbox"/> White Chocolate & Raspberry Cheesecake B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits <input type="checkbox"/> French Onion Soup
Tuesday	
Please select one main meal A <input type="checkbox"/> Creamy Garlic Prawns with Rice B <input type="checkbox"/> Chicken Parma with Roasted Potatoes C <input type="checkbox"/> Ham, Cheese, Tomato & Egg Salad	Please select one dessert A <input type="checkbox"/> Frangipane Tart B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits <input type="checkbox"/> Lentil Curry Soup
Wednesday	
Please select one main meal A <input type="checkbox"/> Honey Soy Chicken B <input type="checkbox"/> Curried Sausages C <input type="checkbox"/> Chicken Pesto Pasta Salad	Please select one dessert A <input type="checkbox"/> Summer Fruit Trifle B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits <input type="checkbox"/> Italian Vegetable & White Bean Soup
Thursday	
Please select one main meal A <input type="checkbox"/> Roast Lamb with Mint Sauce & Gravy B <input type="checkbox"/> Pork Scotch with Plum Sauce C <input type="checkbox"/> Caesar Salad	Please select one dessert A <input type="checkbox"/> Banoffee Pie & Cream B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits <input type="checkbox"/> Potato & Leek Soup
Friday	
Please select one main meal A <input type="checkbox"/> Fish of the Day with Hollandaise Sauce B <input type="checkbox"/> Moroccan Chicken C <input type="checkbox"/> Tuna & Coleslaw Salad	Please select one dessert A <input type="checkbox"/> Pavlova Roulade B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits <input type="checkbox"/> Oxtail & Vegetable Soup

We value your feedback please turn over to give your feedback

Meals on Wheels Marwal

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Please write any comments you have on our meals and the service we provide. Thank you
