



Week Commencing: _____

Meals Service Summer Menu – Week Two Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Honey Pork Medallion with Gravy	A <input type="checkbox"/> Tiramisu
B <input type="checkbox"/> Beef Bourguignon	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Potato & Bacon Salad with Boiled Egg	<input type="checkbox"/> Carrot & Coriander Soup
Tuesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Lamb Ragout	A <input type="checkbox"/> New York Baked Cheesecake
B <input type="checkbox"/> Blue Grenadier with Hollandaise Sauce	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Ham, Cheese, Tomato & Egg Salad	<input type="checkbox"/> Spring Vegetable Soup
Wednesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Butter Chicken with Basmati Rice	A <input type="checkbox"/> Chocolate Ripple Cake
B <input type="checkbox"/> Pumpkin and Fetta Roll with Mash Potato	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Chicken Pesto Pasta Salad	<input type="checkbox"/> Four Bean Soup
Thursday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Pork with Apple Sauce & Gravy	A <input type="checkbox"/> Pineapple Upside Down
B <input type="checkbox"/> Traditional Beef Lasagne with Parmesan Cheese	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Caesar Salad	<input type="checkbox"/> Celery Soup
Friday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Fish of the Day with Lemon Sauce	A <input type="checkbox"/> Sticky Date Pudding with Caramel Sauce
B <input type="checkbox"/> Apricot Chicken	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Tuna & Coleslaw Salad	<input type="checkbox"/> Minestrone Soup

We value your feedback please turn over to give your feedback

Meals on Wheels Marwal

(03) 9819 7194 or (03) 9880 4751 marwal@basscare.org.au





Please write any comments you have on our meals and the service we provide. Thank you
