



Week Commencing: Monday 5th December 2022

## Meals Service Summer Menu – Week One Menu

Name \_\_\_\_\_

Address: \_\_\_\_\_

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.  
Please return your completed menu to your driver.

### Monday

#### Please select one main meal

- A ☐ Salmon with Mash Potato & Lemon Sauce  
B ☐ Satay Chicken with Rice  
C ☐ Potato & Bacon Salad with Boiled Eggs

#### Please select one dessert

- A ☐ Lemon Meringue  
B ☐ Fresh Fruit ☐ Two Fruits  
☐ Cream of Broccoli Soup

### Tuesday

#### Please select one main meal

- A ☐ Honey Garlic Pork Steak with Gravy  
B ☐ Vegetarian Lasagne  
C ☐ Ham, Cheese, Tomato & Egg Salad

#### Please select one dessert

- A ☐ Raspberry Trifle  
B ☐ Fresh Fruit ☐ Two Fruits  
☐ Beef & Barley Soup

### Wednesday

#### Please select one main meal

- A ☐ Spinach, Fetta & Tomato Quiche with Tomato Relish  
B ☐ Greek Lamb Roast with Gravy  
C ☐ Chicken Pesto Pasta Salad

#### Please select one dessert

- A ☐ Chilled Coconut Rice Pudding  
B ☐ Fresh Fruit ☐ Two Fruits  
☐ White Bean Soup

### Thursday

#### Please select one main meal

- A ☐ Thai Style Beef Roast with Gravy  
B ☐ Honey Mustard Chicken Thigh Fillet with Mustard Sauce  
C ☐ Caesar Salad

#### Please select one dessert

- A ☐ Bread Butter Pudding  
B ☐ Fresh Fruit ☐ Two Fruits  
☐ Roasted Pumpkin Soup

### Friday

#### Please select one main meal

- A ☐ Fish of the Day with Dill Sauce  
B ☐ Chargrilled Lamb with Tzatziki Sauce  
C ☐ Tuna & Coleslaw Salad

#### Please select one dessert

- A ☐ Apple Strudel  
B ☐ Fresh Fruit ☐ Two Fruits  
☐ Minted Pea Soup

We value your feedback please turn over to give your feedback



Please write any comments you have on our meals and the service we provide. Thankyou

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