



Week Commencing: _____

Meals Service Summer Menu – Week Three Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday – Delivered Monday. This Meal must be eaten on Monday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Apple & Pork Patties with Relish Asian	A <input type="checkbox"/> Traditional Apple Crumble
B <input type="checkbox"/> Lamb & Rosemary Sausages with Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Potato & Bacon Salad with Boiled Eggs	<input type="checkbox"/> Chicken & Rice Soup
Tuesday – Delivered Monday. This Meal must be eaten on Tuesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Lamb with Mint & Gravy	A <input type="checkbox"/> Sultana Steamed Pudding
B <input type="checkbox"/> Roast Chicken with Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Broccoli & Cheese Soup
Wednesday – Delivered Wednesday. This Meal must be eaten on Wednesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Braised Steak with Gravy Ravioli Pasta With Rich Napoli Sauce	A <input type="checkbox"/> White Chocolate & Raspberry Cheesecake
B <input type="checkbox"/> & Parmesan Cheese	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Chicken Pesto Pasta Salad	<input type="checkbox"/> French Onion Soup
Thursday – Delivered Wednesday. This Meal must be eaten on Thursday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Creamy Garlic Prawns With Rice	A <input type="checkbox"/> Frangipane Tart
B <input type="checkbox"/> Chicken Parma with Roasted Potatoes	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Lentil Curry Soup
Friday – Delivered Friday. This Meal must be eaten on Friday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Honey Soy Chicken	A <input type="checkbox"/> Summer Fruit Trifle
B <input type="checkbox"/> Curried Sausages	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
C <input type="checkbox"/> Tuna & Coleslaw Salad	<input type="checkbox"/> Italian Vegetable & White Bean

We value your feedback please turn over to give your feedback

Meals on Wheels Hawthorn/Kew

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