



Week Commencing: _____

Meals Service Summer Menu – Week One Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday – Delivered Monday. This Meal must be eaten on Monday.

Please select one main meal

- A ☐ Chargrilled Pork Steak with Gravy
B ☐ Asian Style Chicken Breast
C ☐ Potato & Bacon Salad with Boiled Eggs

Please select one dessert

- A ☐ Berry Cobbler
B ☐ Fresh Fruit ☐ Two Fruits
☐ Fennel Vegetable Soup

Tuesday – Delivered Monday. This Meal must be eaten on Tuesday.

Please select one main meal

- A ☐ Roast Beef with Gravy
B ☐ Roast Turkey with Cranberry Sauce

Please select one dessert

- A ☐ Creme Caramel
B ☐ Fresh Fruit ☐ Two Fruits
☐ Chickpea & Celery Soup

Wednesday – Delivered Wednesday. This Meal must be eaten on Wednesday.

Please select one main meal

- A ☐ Salmon with Mash Potato & Lemon Sauce
B ☐ Satay Chicken with Rice
C ☐ Chicken Pesto Pasta Salad

Please select one dessert

- A ☐ Lemon Meringue
B ☐ Fresh Fruit ☐ Two Fruits
☐ Cream of Broccoli Soup

Thursday – Delivered Wednesday. This Meal must be eaten on Thursday.

Please select one main meal

- A ☐ Honey Garlic Pork Steak with Gravy
B ☐ Vegetarian Lasagne

Please select one dessert

- A ☐ Raspberry Trifle
B ☐ Fresh Fruit ☐ Two Fruits
☐ Beef & Barley Soup

Friday – Delivered Friday. This Meal must be eaten on Friday.

Please select one main meal

- A ☐ Spinach, Fetta & Tomato Quiche with Tomato Relish
B ☐ Greek Lamb Roast with Gravy
C ☐ Tuna & Coleslaw Salad

Please select one dessert

- A ☐ Chilled Coconut Rice Pudding
B ☐ Fresh Fruit ☐ Two Fruits
☐ White Bean Soup

We value your feedback please turn over to give your feedback



Please write any comments you have on our meals and the service we provide. Thankyou
