

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
Bookings Essential for all activities 9880 4709		Exercise Classes*	Novice = (*N) Intermediate = (*I) Advanced = (*A)	Tuesdays Wednesdays & Thursdays Wednesdays & Thursdays	30	31
2	3	4	5	6	7	8
OFFICE CLOSED CHRISTMAS/ NEW YEAR HOLIDAY BREAK CLOSED MONDAY 26 TH DECEMBER – REOPENS MONDAY 9 TH JANUARY						NEW YEARS DAY
9	10	11	12	13	14	15
10.00am Art Class 12.30pm Lunch 1.30pm Brain Games	Day Trip 9:45am Glenroy RSL, Glenroy 10.00am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected – Tech Help	10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Movie	10am /11.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 12pm /12.30pm Lunch (Marwal) / Lunch (CC) 1.30pm BC-Connected – Tech Help 1.30pm Seniors Yoga	Day Trip 9.00am Poyntons Garden Centre, Essendon 9.00am Hairdresser 9.00am Podiatry (Marwal) 11.00am Exercise Physiology		12.30pm Lunch
16	17	18	19	20	21	22
Day Trip Boroondara Blokes Science Works, Spotswood 10.00am Art Class 12.30pm Lunch 1.30pm Brain Games 1.30pm Mahjong	Day Trip 9:45am 1 to 20 Café, The Basin 10.00am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected – Tech Help	10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Movie	10am /11.00am Exercise Class (*A) 10am /11.00am Exercise Class (*I) (Marwal) 11.30am BINGO 12pm /12.30pm Lunch (Marwal) / Lunch (CC) 1.30pm BC-Connected – Tech Help 1.30pm SCRABBLE 1.30pm Seniors Yoga	Day Trip Melbourne Gaol Tour, Melbourne 9.00am Hairdresser (Marwal) 9.00am Podiatry 11.00am Exercise Physiology		12.30pm Lunch
23	24	25	26	27	28	29
10.00am Art Class 12.30pm Lunch 1.30pm Brain Games 1.30pm Mahjong	Day Trip Templestowe Hotel, Templestowe 9:45am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected – Tech Help	10.00am Exercise Class (*I) 11.00am Exercise Class (*A) 10.30am Learn Laugh & Lunch Group 12.15pm Australia Day BBQ (Maranoa Club)	OFFICE CLOSED AUSTRALIA DAY Public Holiday	Day Trip The Duck Inn Restaurant, Marysville 9.00am Hairdresser 9.00am Podiatry (Marwal) 11.00am Exercise Physiology		12.30pm Lunch
30	31	 <p>WELCOME TO A HAPPY <i>New Year</i> WE'RE PLANNING ANOTHER YEAR FILLED WITH WONDERFUL TRIPS, ACTIVITIES & PROGRAMS TO DELIGHT YOU ALL</p>				
Day Trip Boroondara Blokes King Henry's Restaurant, Sassafrass 10.00am Art Class 12.30pm Lunch 1.30pm Brain Games 1.30pm Mahjong	Day Trip Roxburgh Park Hotel, Coolaroo 9:45am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected – Tech Help 2.00pm Client Afternoon Tea with Elizabeth					

