

Volunteer NEWSLETTER

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Final Note From Deb....

Thank you everyone for your beautiful emails, cards, phone calls and text messages wishing me all the best. It was great as always to catch up in person with a number of volunteers prior to my leaving, if I missed seeing you in person my apologies. Words cannot express my gratitude and thanks enough, I'm grateful for the opportunity to have worked with and supported such an amazing volunteers at BASScare. Best wishes always, Deb.

Hello From Bernadette

Hi, I have already met a few of our lovely volunteers and I hope to meet many more of you in the weeks to come. Thank you to everyone who has made me feel so welcome.

Through my history of volunteering for different community organisations I understand the enjoyment we can receive from our volunteering experiences. If you have any suggestions that would improve your experience or require my support please don't hesitate to contact me.

Bernadette



Volunteer Opportunities

We have a number of volunteer opportunities available at: Meals on Wheels, with Social Support and at Maranoa House.

MEALS ON WHEELS

MARANOA HOUSE
Day Outings & In House Support

FAVERSHAM HOUSE
Visiting and Activities

SOCIAL SUPPORT ACTIVITIES
Canterbury Centre

If you would like to learn more about current volunteering opportunities or know anyone interested, please contact Bernadette, Volunteer Engagement Coordinator on 0447 5003 741.

Contact Details

Bernadette Scicluna

Volunteer Engagement Coordinator

Mobile: 0447 503 741

Email: b.scicluna@basscare.org.au

Meals on Wheels Canterbury

Phone: (03) 9880 4703

Email: mealsservice@basscare.org.au

Meals on Wheels Marwal

Phone: (03) 9880 4751

Email: marwal@basscare.org.au

Meals on Wheels Hawthorn/Kew

Phone: (03) 9880 4750

Email: hawthornkew@basscare.org.au

Mailing Road – Home Care Shop Front

131 Mailing Road, Canterbury Email: mailingroadreception@basscare.org.au

Faversham House – Lifestyle

Phone: (03) 8809 4908

Email: lifestylecoordinator@basscare.org.au

Faversham House – Reception

Phone: (03) 8809 4000

Canterbury Centre

Social Support Activities

Phone: (03) 9880 4709

Email: socialsupport@basscare.org.au

Maranoa House & Club

Dementia Services

Phone: (03) 8809 4979

Email: maranoa@basscare.org.au

Volunteer Resource Information



BASScare Volunteers Facebook Page
[@BASScareVolunteers](https://www.facebook.com/BASScareVolunteers)

Volunteer Resource Material

www.basscare.org.au/volunteer/

Printed Volunteer Resource Folders

Are available at all BASScare sites

Employee Assistance Programs

D'Accord Occupational Assistance Services

A friendly reminder:

If you are going away for an extended time or unavailable to volunteer for a scheduled shift, please notify your service area manager or coordinator.

BASScare Further Information



BASScare Facebook Page
[@BASScareAgedCare](https://www.facebook.com/BASScareAgedCare)

BASScare Website

www.basscare.org.au

BASScare Social Support Programs Newsletter

Canterbury & Marwal Centres

www.basscare.org.au/category/news/

Other Areas For Support

Coronavirus.beyondblue.org.au

Lifeline

Headspace.org.au

1800respect.org.au

Kidshelpline.com.au

Or talk with your GP.

Phone: 1800 512 348

Phone: 13 11 14

Phone: 1800 650 890

Phone: 1800 737 732

Phone: 1800 551 800

Volunteer Program Updates

Faversham House

Thank you for helping us deliver an experience that provides residents with security, dignity, comfort, social engagement and companionship.

We would also like to thank you for your continued accommodation of entry requirements including undergoing RAT tests as we endeavour to keep everyone safe and prevent/control any potential spread of COVID.

With the warmer weather many residents would like to spend some time outside in the sunshine. If you or anyone you know would like to spend an hour walking with our residents, or even playing mini golf or remote control cars, please contact Bernadette to discuss.

Maranoa House & Club

BASScare celebrated Dementia Action Week at Maranoa Club with afternoon tea, singing and dancing for our clients and their careers. Thank you to the lovely Sally and Diane for providing the music for our celebration.

Both Maranoa House and Club have a number of volunteer opportunities available. If you or someone you know is interested in volunteering to support clients with memory loss, please contact Bernadette for a chat.

Social Support Programs

Canterbury Centre & Marwal Centre

Thank you to all our social support volunteers for your valuable help as we commenced our new Thursday entertainment activities. Our AFL lunch on the 21st of September was a great success thanks to our wonderful volunteers.

We are looking forward to our Spring Dance, an Indulgent High Tea, as well as a performance by the Melbourne Guitar Quartet.

We have also welcomed a new staff member, Trish Hale, who will be based at the Canterbury Centre, please say hi and help her feel at home.



Meals on Wheels

Canterbury, Balwyn and Hawthorn/Kew

National Meals on Wheels Day (Wednesday 31st August 2022)

Extended thanks go out to our meals on wheels volunteers – rain, hail or shine continue to deliver around 700 meals each week via BASScare's three service areas.

Australia has over 45,000 meals on wheels volunteers, who each contribute greatly to the lives of vulnerable older Australians every day.

Meals on wheels is more than a meal delivery service. Meals on Wheels Australia has recently published a Social Impact Report available on their website:

<https://mealsonwheels.org.au/learn-more/research/>

The report by Huber Social, highlights a number of key findings including:

- Volunteer involvement is crucial to the wellbeing of the people we serve,
- The impact caring people have on the lives of the people we support, and
- Highlights the life-changing and irreplaceable role volunteers make to the lives of vulnerable, older Australians every day.

If you know anyone interested in volunteering for meals on wheels, please ask them to contact our Meals on Wheels Team or BASScare's Volunteer Engagement Coordinator on 0447 503 741 or email volunteers@basscare.org.au



Calling out to all MOW volunteers

While You Are Away ...we are happy to take on short term volunteers.

With the improving weather and increased ease of travel many volunteers are going away or have short term changes to their circumstances. As you can imagine our MOW deliveries can become heavily impacted.

If you have a friend or family member who would like to fill in for you while you are away please let us know. As we are assisting vulnerable members of our community they will need to complete a police check prior to commencing. This can be arranged by Bernadette at no cost.



We have a new 110ml fresh chilled orange juice going out daily to all meals on wheels recipients. If you find a client does not wish to receive the juice, please notify the meals office staff or ask the client to contact the meals office directly.



Magnetic "Vehicle Stopping Often" signs are now available for use on vehicles, whilst delivering meals. Similar to our hi-vis vests use is optional and comes from volunteer feedback to assist volunteers so they are more visible providing an extra element of safety.



BASScare make available a \$6 token gesture towards fuel/running costs via a gift card. Gift cards are distributed via the meals staff (\$30 voucher for every 5 rounds of meal deliveries you complete). If you are not already receiving this gesture and would like to take up the option, please notify the meals staff. **If you have any concerns regarding deliveries or find the increasing fuel costs is impacting on your availability to volunteer, please let us know.**

Other News



Volunteer Travel Destinations:

As the weather is picking up and borders re-open we have many volunteers touring and staying local, and a number jet setting overseas. Some of the destinations include:

Within Victoria: Bright, Ballarat and Bendigo

Within Australia: Cairns, Brisbane, Launceston, Port Douglas and the Northern Territory

Overseas: Bali, Europe, Hawaii, Maldives, Malaysia, Thailand, Ionian Sea and Southern Italy

Upcoming Event — End of year celebration!

Date and details around the end of November to be confirmed.

Watch this space.....

Know us before you need us

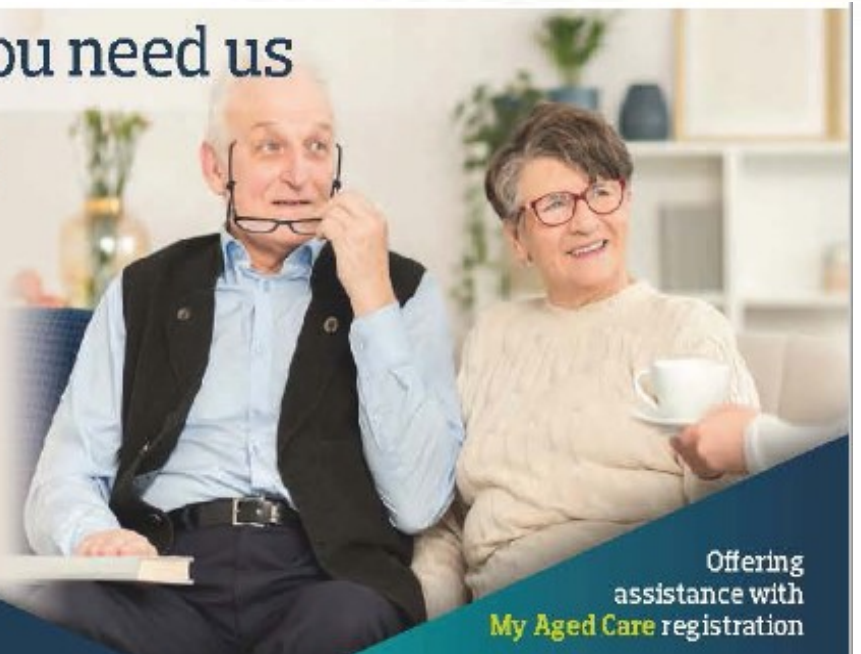
Please come in for a cuppa and a friendly chat about our Home Care and aged care services in Boroondara.

You'll find our new Home Care office at
131 Maling Road, Canterbury

Call us on
(03) 8809 0050



HOME
care



Offering
assistance with
My Aged Care registration