

Spring 2022

Faversham House NEWSLETTER



Staying Connected

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Note From Sue

This is the first newsletter in a very long time where I have nothing to say about COVID. I never thought that day would come. I have no doubt 'it' is not over but I know we are all enjoying the break from its focus for as long as it lasts. The first half of this year was a huge challenge for residents, families and staff. Let's hope for a smoother and calmer run up to the end of this year.

The benefit of the current reprieve is that we have had time to start to refocus on the many other issues, challenges and opportunities we need or choose to address. The legislative changes resulting from the Royal Commission have not gone away and the final months of 2022 will keep us busy preparing for them. We are also getting to a few things we have wanted to do for a while. This includes:

- Automating the rest of the Ground Floor doors for independent external access by residents using a push button. These will be completed before the end of the month ready for Spring / Summer. We also considered the Hamer doors but due to their construction these will pose more of a challenge and may be reconsidered at a later date
- Renovating some of the balconies and Ground Floor garden spaces. Martin has done an amazing job renovating the First South balcony at the front of Faversham House and will be focussing on the Hamer 2 Balcony next. He has also fully replanted a garden bed in the Wisteria Garden area.

This involved some of our residents who provided input on design and plant choices and helped clean up and replant the bed. It looks much better now.

- An upgrade to our Call Bell system including new DECT phones and better reporting functionality. As part of the upgrade we are trialling some new technology including a pendant that is worn by the resident and allows them to call for help from the communal areas, not just from their room. I will provide more details about this closer to the time we go live with its use. The new phones will also improve communication between staff by being able to 'accept' a call bell before getting to the room so other staff know which call bells are being attended to. This does not turn the call bell off, but rather just lets all staff know someone is heading to that room.

This year has passed in a heartbeat. The AFL Grand final is done and dusted and daylight saving is looming, the blossoms are starting to show their beauty, and Christmas is coming at us at full speed. We have set the dates for the Resident Christmas Parties for 2022. The dates are Dec 13th for the First Floor residents, 14th for the Hamer residents and 15th for the Ground Floor residents. We dearly hope to be able to invite resident representatives to the parties this year assuming COVID continues to fade and the directives allow it.

Kind regards, Sue



Staff News

Goodbye & Good Luck

Registered Nurse — Pauline Hooper

Personal Care Assistant— Prabha Pandey, Maree Joseph, Daisy Ni, Christopher Tupas

Chef — Tara Bhattarai

Food Service Assistant — Grace Tricarico, Jenna Christian

Cleaner— Giovanni Mardamootoo

Special mention to the two FSA's Jenna and Grace who we said farewell to in July.

Jenna had 10 years of service at Faversham House and always worked to an excellent standard; Grace had nearly 20 years at BASS Care / Faversham House and was a favourite amongst residents and staff who she often shared delicious home-baked goods with.

Staff were treated to a lolly station on 7th August for **Aged Care Employee Day**. It was a very popular surprise for the weekend team who gladly filled their lolly bags with the treats.

We thank the generous families who donated to this day, meaning each staff member received a voucher to acknowledge the hard work and care provided by our team. We really appreciate it!

Welcome to the Team

Registered Nurse — Rishabh Singh, Durga Thapaliya Silwal, Ma Alma Ocampo, Ping Li, Bernice Gloria Javelosa, Laila Bardai Pyar Ali, Manjinder Kaur

Enrolled Nurse— Michelle Fernando

Personal Care Assistant—Himanshu Chawla, Janaki Sapkota, Lily Lado, Ashish Ingle, Manisha Ghimire, Simran Baraili, Navjit Kaur, Shreejana K C, Vishnu Ambika Devi Rajalal, Saru Tamang, Griselda Torres, Meena Dahal

Cook — Kshitiz Rayamajhi, Maninder Kaur

Food Service Assistant — Gurleen Kaur, Ripanjot Kaur, Disha Vora

Laundry Assistant — Harrison Choi, Dengzi Wengmu

Quality Update

Spring is here and what a start to the season it has been! Whilst I am devastated my beloved Demons didn't make the Grand Final I congratulate any Geelong Cats supporters as well as our winners of the footy tipping competition.



I am very pleased to say the majority of our outdoor doors in the original building have now been rewired to include push button for easier access to outdoor areas. I am sure this will make accessing our outdoor areas much easier as we start to see the sun and absorb some much needed vitamin D!

Sue has already mentioned some wonderful changes that are being made. We have also added a Menu Committee to our list of meetings, and currently we have five residents as members. The committee met to discuss the spring menu and we have made some great inclusions!

Faversham House will be working closely with Dementia Australia over the next few months, as we embark on a series of education sessions. I am sure you would all agree that continuing to enhance the

staff skills is a key component to the improvement of services.

A lifestyle survey will be sent to all Next of Kin in the next few weeks as well as residents. We welcome your feedback regarding lifestyle choices and ways to increase our current offerings.

Don't forget, if you have any feedback we welcome you to complete our 'Have Your Say' forms located throughout the facility.

I look forward to seeing you all soon! [Narelle Osborne](#)

Staff Fire & Emergency Training

Each year Aged Care staff must complete modules of Mandatory Training to ensure we have the skills and knowledge to care for our residents.

Some of this training is completed online, and some is presented face to face. In September and October staff will complete training for Fire and Emergency Response, including our evacuation procedures.

There may be some disruption to activities that would normally take place in the Wisteria Lounge during these sessions, which are essential for our team.





Footy Tipping

We had a fierce competition off the field this year in the Faversham House Footy Tipping.

A tightly fought contest saw a clean sweep by Hamer 2 and joint winners season's end.

Congratulations to our top three:

Fred & Peter ~ 1st Place

Bette ~ 3rd Place

Our winners were very happy with their achievement and with their cash prizes!

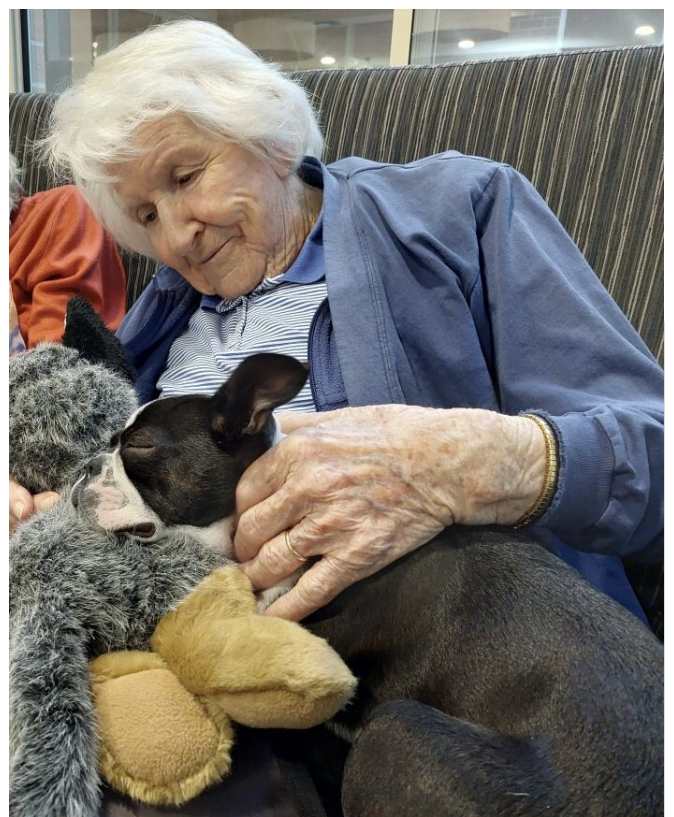
Well done everyone who had a go to make it a terrific competition again.

Resident Lifestyle & Activities

With a touch of spring in the air we look forward to opening up the doors and inviting residents out in the sunshine.

We have a new Volunteer Coordinator who assists across all BASS Care sites, Bernadette. Her focus for recruitment at Faversham will be to bring in volunteers who can visit residents in their rooms, and offer supervised walks outside.

We have welcomed back outside entertainers in September, and have several new performers who will provide our Happy Hour music in the last months of the year. We'd love your feedback on how you enjoy their entertainment as it will help in choosing bookings for 2023!





What's Happening in the Garden?

Martin has been working around the grounds of Faversham to renew the lawns, garden beds, and generally tidy all areas.

On the Ground Floor planning and discussion sessions were held where residents decided the types of plants they would like, and their placement for the Wisteria Garden. As you can see they decided on a selection of plants that would thrive in a part shade / sunny position. These include Shiraz azalea, Camellias, Blue hydrangea, Corias, Heaven scent Boronia, English lavender, Convolvulus, Cerastium Snow in Summer and Brachyscome Break O'Day. The crowning jewel being a beautiful pink climbing rose Pierre de Ronsard.

After refreshing the balcony on First South with a good clean, new raised garden beds and outdoor furniture, more plants were potted.

You will now see a selection of fruit trees including apple, lemon, mandarin and lime, with red Geraniums and Hydrangea, Birds of Paradise, Desert Flame and Bamboo.

Martin has now turned his head to the Hamer Second Floor balcony, and resident preferences there. A first and second consultation meeting has developed ideas for this balcony refurbishment. Residents are keen to include Sydney Rock Orchids, Clivias, Pelargonians, Geraniums and a selection of culinary herbs. With a large pergola onsite there is the possibility of a climbing vine to offer shade during the summer months.



Faversham House Fun & Games

Our winter was filled with fun indoor activities.

Don't forget to check us out on Facebook for more updates and photos!

