

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
31		1		2		3		4		5	6
		<p>OFFICE CLOSED</p> <p>MELBOURNE CUP DAY Public Holiday</p>		<p>10.00am Exercise Class (*I)</p> <p>10.30am Learn Laugh & Lunch Group</p> <p>12.30pm Lunch</p> <p>1.30pm Social Stitchers</p> <p>1.30pm Movie</p>		<p>10.00am Exercise Class (*A)</p> <p>10am / 11.00am Exercise Class (*I) (Marwal)</p> <p>11.30am BINGO!</p> <p>12pm / 12.30pm Lunch (Marwal) / Lunch (CC)</p> <p>1.30pm BC-Connected – Tech Help</p> <p>1.30pm SCRABBLE</p> <p>2.00pm Pottery</p>		<p>Day Trip Rivers Garden Centre, Yarrambat</p> <p>9.00am Hairdresser</p> <p>9.00am Podiatry (Marwal)</p> <p>10.00am Telehealth Exercise Class</p> <p>11.00am Exercise Physiology</p> <p>1.30pm BC-Connected – Tech Help</p>			12.30pm Lunch
7		8		9		10		11		12	13
<p>Day Trip Boroondara Blokes – Olympic Hotel, Preston</p> <p>10.00am Art Class</p> <p>10.30am North Balwyn Seniors Social & Music (Marwal)</p> <p>12.30pm Lunch</p> <p>1.30pm Brain Games</p> <p>1.30pm Mahjong</p>		<p>Day Trip Preston Mosque Tour</p> <p>9.45am Exercise Physiology</p> <p>10.00am Exercise Class (*N)</p> <p>11.15am Exercise Class (*N)</p> <p>12.30pm Lunch</p> <p>1.30pm BC-Connected – Tech Help</p>		<p>10.00am Exercise Class (*I)</p> <p>10.30am Learn Laugh & Lunch Group</p> <p>12.30pm Lunch</p> <p>1.30pm Social Stitchers</p> <p>1.30pm Movie</p>		<p>10.00am Exercise Class (*A)</p> <p>10am / 11.00am Exercise Class (*I) (Marwal)</p> <p>11.30am Special Presentation – Boroondara Libraries</p> <p>12pm / 12.30pm Lunch (Marwal) / Lunch (CC)</p> <p>1.30pm BC-Connected – Tech Help</p> <p>1.30pm SOLO / WHIST</p> <p>1.30pm Seniors Yoga</p> <p>2.00pm Pottery</p>		<p>Day Trip Vasil's Garden</p> <p>9.00am Hairdresser (Marwal)</p> <p>9.00am Podiatry</p> <p>10.00am Telehealth Exercise Class</p> <p>11.00am Exercise Physiology</p> <p>1.30pm BC-Connected – Tech Help</p>			12.30pm Lunch
14		15		16		17		18		19	20
<p>10.00am Christmas Craft & Card Making</p> <p>10.30am North Balwyn Seniors Social & Music (Marwal)</p> <p>12.30pm Lunch</p> <p>1.30pm Brain Games</p>		<p>Day Trip Club Ringwood, Ringwood</p> <p>9.45am Exercise Physiology</p> <p>10.00am Exercise Class (*N)</p> <p>11.15am Exercise Class (*N)</p> <p>12.30pm Lunch</p> <p>1.30pm BC-Connected – Tech Help</p>		<p>10.00am Exercise Class (*I)</p> <p>10.30am Learn Laugh & Lunch Group</p> <p>12.30pm Lunch</p> <p>1.30pm Social Stitchers</p> <p>1.30pm Movie</p>		<p>10.00am Exercise Class (*A)</p> <p>10am / 11.00am Exercise Class (*I) (Marwal)</p> <p>11.30am BINGO</p> <p>12pm / 12.30pm Lunch (Marwal) / Lunch (CC)</p> <p>1.30pm BC-Connected – Tech Help</p> <p>1.30pm SCRABBLE</p> <p>1.30pm Seniors Yoga</p> <p>2.00pm Pottery</p>		<p>Day Trip Werribee Mansion</p> <p>9.00am Hairdresser</p> <p>9.00am Podiatry (Marwal)</p> <p>10.00am Telehealth Exercise Class</p> <p>11.00am Exercise Physiology</p> <p>1.30pm BC-Connected – Tech Help</p>			12.30pm Lunch
21		22		23		24		25		26	27
<p>Day Trip Boroondara Blokes Burke & Wills Memorial Site</p> <p>10.00am Art Class</p> <p>10.30am North Balwyn Seniors Social & Music (Marwal)</p> <p>12.30pm Lunch</p> <p>1.30pm Brain Games</p> <p>1.30pm Mahjong</p>		<p>Day Trip Pakenham Hotel</p> <p>9.45am Exercise Physiology</p> <p>10.00am Exercise Class (*N)</p> <p>11.15am Exercise Class (*N)</p> <p>12.30pm Lunch</p> <p>1.30pm BC-Connected – Tech Help</p>		<p>10.00am Exercise Class (*I)</p> <p>10.30am Learn Laugh & Lunch Group</p> <p>12.30pm Lunch</p> <p>1.30pm Social Stitchers</p> <p>1.30pm Movie</p>		<p>10.00am Exercise Class (*A)</p> <p>10am / 11.00am Exercise Class (*I) (Marwal)</p> <p>12pm / 12.30pm Lunch (Marwal) / Lunch (CC)</p> <p>1.30pm BC-Connected – Tech Help</p> <p>1.30pm SOLO / WHIST</p> <p>1.30pm Seniors Yoga</p> <p>2.00pm Pottery</p>		<p>Day Trip Deakin University, Hirsch Art Exhibition</p> <p>9.00am Hairdresser (Marwal)</p> <p>9.00am Podiatry</p> <p>10.00am Telehealth Exercise Class</p> <p>11.00am Exercise Physiology</p> <p>1.30pm BC-Connected – Tech Help</p>			12.30pm Lunch
28		29		30		1		2		3	4
<p>10.00am Art Class</p> <p>10.30am North Balwyn Seniors Social & Music (Marwal)</p> <p>12.30pm Lunch</p> <p>1.30pm Brain Games</p>		<p>Day Trip Jackson Court, Doncaster East</p> <p>9.45am Exercise Physiology</p> <p>10.00am Exercise Class (*N)</p> <p>11.15am Exercise Class (*N)</p> <p>12.30pm Lunch</p> <p>1.30pm BC-Connected – Tech Help</p>		<p>10.00am Exercise Class (*I)</p> <p>10.30am Learn Laugh & Lunch Group</p> <p>10.00am Special Presentation – Planning for your Future</p> <p>12.30pm Lunch</p> <p>1.30pm Social Stitchers</p> <p>1.30pm Movie</p>				<p>Bookings Essential for all activities 9880 4709</p> <p>Exercise Classes*</p> <p>Novice = (*N) Tuesdays Intermediate = (*I) Wednesdays & Thursdays Advanced = (*A) Thursdays</p>			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
			1	2	3	4
			10.00am Exercise Class (*A) 10am/11.00am Exercise Class (*I) (Marwal) 11.30am BINGO 12pm /12.30pm Lunch (Marwal) / Lunch (CC) 1.30pm BC-Connected – Tech Help 1.30pm SCRABBLE 1.30pm Seniors Yoga 2.00pm Pottery	Day Trip 9.00am Hairdresser 9.00am Podiatry (Marwal) 10.00am Telehealth Exercise Class 11.00am Exercise Physiology 1.30pm BC-Connected – Tech Help		12.30pm Lunch
<p>Bookings Essential for all activities 9880 4709</p>		<p>Exercise Classes*</p> <p>Novice = (*N) Tuesdays Intermediate = (*I) Wednesdays & Thursdays Advanced = (*A) Thursdays</p>				
5	6	7	8	9	10	11
Day Trip 10.00am Art Class 10.30am North Balwyn Seniors Social Meeting & Music (Marwal) 12.30pm Lunch 1.30pm Brain Games 1.30pm Mahjong 1.30pm Afternoon tea with Trish & Elizabeth	Day Trip 9.45am 10.00am 11.15am 12.30pm 1.30pm	Chouquette Café & Patisserie, Brunswick 10.00am Exercise Physiology 10.30am Exercise Class (*N) 10.45am Exercise Class (*N) Lunch 12.30pm BC-Connected – Tech Help	10.00am Exercise Class (*I) 10.30am Learn Laugh & Lunch Group 10.45am Morning Movie Special – Mrs Harris Goes to Paris Lunch 12.30pm 1.30pm Social Stitchers	10.00am Exercise Class (*A) 10am/11.00am Exercise Class (*I) (Marwal) 11.30am Special Presentation – History of Calligraphy 12pm /12.30pm Lunch (Marwal) / Lunch (CC) 1.30pm BC-Connected – Tech Help 1.30pm SOLO 1.30pm Seniors Yoga 2.00pm Pottery	Day Trip 9.00am Hairdresser (Marwal) 9.00am Podiatry 10.00am Telehealth Exercise Class 11.00am Exercise Physiology 1.30pm BC-Connected – Tech Help	12.30pm Lunch
12	13	14	15	16	17	18
10.00am Art Class 10.30am North Balwyn Seniors Social Meeting & Music (Marwal) 12.30pm Lunch 1.30pm Brain Games 1.30pm Christmas Cooking Special	Day Trip 9.45am 10.00am 11.15am 12.30pm 1.30pm	The Pines Shopping Centre 10.00am Exercise Physiology 10.30am Exercise Class (*N) 12.15pm Christmas Lunch (CC) 1.30pm Social Stitchers 1.30pm Movie	10.00am Exercise Class (*I) 10.30am Learn Laugh & Lunch Group 12.15pm Christmas Lunch (CC) 1.30pm Social Stitchers 1.30pm Movie 2.00pm 2.00pm	10.00am Exercise Class (*A) 10am/11.00am Exercise Class (*I) (Marwal) 11.30am BINGO 12.00pm Christmas Lunch (Marwal) 12.30pm Lunch (CC) 1.30pm BC-Connected – Tech Help 1.30pm SCRABBLE 2.00pm Seniors Yoga 2.00pm Pottery	Day Trip 9.00am Hairdresser 9.00am Podiatry (Marwal) 10.00am Telehealth Exercise Class 11.00am Exercise Physiology 1.30pm BC-Connected – Tech Help	12.30pm Lunch
19	20	21	22	23	24	25
10.00am Art Class	10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 1.30pm BC-Connected – Tech Help	10.00am Exercise Class (*I) 1.30pm Mail Out Working Bee	10.00am Exercise Class (*I) 10am/11.00am Exercise Class (*I) (Marwal) 1.30pm BC-Connected – Tech Help	10.00am Exercise Class (*A) 10am/11.00am Exercise Class (*I) (Marwal) 9.00am Hairdresser (Marwal) 9.00am Podiatry		12.30pm Christmas Day Lunch
26	27	28	29	30	31	1
OFFICE CLOSED						
CHRISTMAS/ NEW YEAR HOLIDAY BREAK CLOSED MONDAY 26 TH DECEMBER – REOPENS TUESDAY 3 RD JANUARY						

