

About BASScare

Boroondara Aged Services Society ("BASScare") began in 1957 as Canterbury Citizens Welfare Committee. It was formed following recognition by community members that the elderly within the community who were not part of a mainstream church body were often socially isolated, required some assistance and were, in many ways, neglected.

Today, BASScare operates an integrated pathways of services including residential care facilities, respite care, dementia specific services and an extensive community care program that provides care and support to people who wish to continue living in their own homes.

We actively engage with clients, their families, friends and carers to determine their expectations of care and provide the best possible level of residential and community services.

BASScare is focused on putting the integrity and dignity of those for whom we care first and foremost. We are committed to providing quality services to assist clients to maintain independence and achieve a greater quality of life

Our Vision

To provide high quality integrated aged care services that:

- encourage independence
- embrace diversity
- are flexible; and
- promote choice, dignity and respect for our clients, staff and volunteers

To Our Employees

At the heart of our success is our people. We seek to provide our employees and volunteers with the resources, skills and knowledge to develop and grow, the opportunity to collaborate with others and the encouragement to challenge themselves. Above all, we are committed to displaying the same level of respect and care towards our employees that we expect them to demonstrate towards our clients.

Our Values and Behaviours

	Level 1 (Enrolled Nurse, PCAs, Support Workers)	Level 2 (Team Leaders, Supervisors, Middle Management, Coordinators)	Level 3 (Senior Management)
Client Focused Our choices are guided by what is in the best interests of those we serve. We strive to consistently deliver person centred care.	<ul style="list-style-type: none"> Works to understand the needs of clients. Looks for ways to enhance the day to day experience of clients. Prioritises the client's needs over personal preferences and self-interest. 	<ul style="list-style-type: none"> Ensures that a strong client focus remains at the forefront. Works collaboratively with team members to facilitate the needs of clients. Provides the resources and capability required to respond to the needs of clients. 	<ul style="list-style-type: none"> Makes time to be visible and accessible to clients and front-line employees. Displays a genuine desire and curiosity to better understand the evolving needs of others internal and external to the business. Works to build and promote the organisation's brand, purpose and direction.
Respect We value people for who they are and show them the same level of compassion, care, and consideration that we would expect.	<ul style="list-style-type: none"> Supports and promotes respectful, ethical practices. Acts openly and honestly. Demonstrates commitment to personal safety and the safety of others. Adheres to BASScare policies and procedures, relevant standards, regulations and act. 	<ul style="list-style-type: none"> Demonstrates flexibility, openness and inclusiveness. Takes the time to listen and understand the perspective of others. Clarifies expectations and provides feedback on a frequent and timely basis. Challenges unproductive behaviour promptly when it arises. 	<ul style="list-style-type: none"> Invests time in regular communication across a range of audiences and formats. Encourages the contribution of employees and provides them with the opportunity to share their perspective.
Humility We recognise that we are nothing more or less than the people around us.	<ul style="list-style-type: none"> Owens up to mistakes. Celebrates the achievements of others. Offers and accepts apologies graciously. Recognises personal strengths and weaknesses. 	<ul style="list-style-type: none"> Willingness to do lower level work for the good of the team. Talks about the general team rather than themselves. Shares credit for team accomplishments. 	<ul style="list-style-type: none"> Encourages others to challenge their ideas. Focuses on the best interests of the group rather than themselves. Makes difficult decisions and is willing to change what doesn't work Has the courage to ask questions they can't answer.

Purpose of the role

The Exercise Physiologist plays a crucial role in assessing clinical needs and prescribing exercise interventions to help re-able, build or maintain physical function and assist clients reach their health and wellbeing goals. The Exercise Physiologist role also extends to act as an adjunct therapy in chronic disease management and lifestyle intervention, using evidence based exercise and lifestyle interventions to deliver relevant exercise prescription.

Organisational Relationship

Reports to: Centre Manager Social Support

Direct Reports: Nil

Key Relationships: Exercise Coordinator, Social Support team

Qualifications / Experience

Essential

- ESSA Accredited Exercise Physiologist
- Current ESSA registration
- Experience working independently in a clinical environment
- Current Police Check
- Current First Aid
- The right to work in Australia

Desirable

- Experience working with older adults
- Drivers License

Areas of Responsibility

Programs and Services

- Conduct allied health assessments, and deliver evidence-based clinical exercise interventions
- Facilitate one-to-one Exercise Physiology appointments
- Facilitate group exercise sessions
- Help evaluate, develop and plan new and current exercise programs

Administration and Compliance

- Assist with client intake, triage, assessments and referrals.
- Work with clients to develop goal focused and outcome based exercise interventions
- Complete client assessments, progress notes and clinical notes
- Collaborate with various stakeholders to improve client outcomes
- Assist with developing, reviewing and implementing BASScare policies and procedures and ensuring compliance with Aged Care Quality Standards.

Supervising and Customer Services

- Manage enquires and provide excellent customer service to visitors, carers, clients and their families

Continuous Improvement

- Assist to identify, establish, improve and maintain processes for BASScare
- Completes an Improvement Form when there is an identified need to improve

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- Actively participates and contributes to Quality Activities which promote quality improvement to care/service provided, such as, follow up of Improvement Forms, staff meetings, working parties, ongoing education, internal assessment and review of procedures, evaluation of new products, equipment and/ or services

Occupational, Health and Safety

- Participates in the risk management program and contributes to a clean, safe work environment to ensure safety of residents/visitors, other staff and self
- Reports immediately, any equipment or situation which is hazardous, or has the potential to be a safety issue
- Participates in problem solving processes to resolve OH&S issue

Ongoing Education

- Participates in continuing education, including mandatory training
- Membership of relevant professional groups and or associations is recommended
- Reads staff emails and notice boards regularly
- Works toward annual training objectives following appraisal to ensure skills and knowledge to fulfil the role

Reporting Requirements

- Reports on program and service performance to manager
- Reports any issue of concern to the relevant manager

Performance Review

- Annually with feedback during the year

Signatures

As an Employee of BASScare, I have read and I understand the above position description. I agree that I am able to and will meet my obligations to fulfil this role efficiently and effectively.

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Signed (Employee)

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Signed (Manager)

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Name

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Name

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Date

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Date