



Week Commencing: \_\_\_\_\_

Please return by **TUESDAY** to ensure your choices

## Meals Service Winter Menu – Week Four Menu

Name \_\_\_\_\_

Address: \_\_\_\_\_

Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.

Please return your completed menu to your driver.

<b>Monday</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Salmon Fillet with Hollandaise Sauce	A <input type="checkbox"/> Pavlova with Chantilly Cream & Passionfruit
B <input type="checkbox"/> Beef Pie with Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Tomato and Basil Soup
<b>Tuesday</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Butter Chicken with Rice & Capsicum Strips	A <input type="checkbox"/> New York Baked Cheesecake
B <input type="checkbox"/> Char Sue Style Pork with Mashed Potato	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Tuscan Chickpea Soup with Pasta
<b>Wednesday</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Roast Lamb with Gravy and Mint Sauce	A <input type="checkbox"/> Tiramisu
B <input type="checkbox"/> Silverbeet and Ricotta Strudel with Relish	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Smoked Ham Hock and Pea Soup
<b>Thursday</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Honey Cumin Marinated Chicken with Gravy	A <input type="checkbox"/> Spiced Apple Roll
B <input type="checkbox"/> Slow Cooked Beef Brisket with Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Creamy Zucchini and Basil Soup
<b>Friday</b>	
<b>Please select one main meal</b>	<b>Please select one dessert</b>
A <input type="checkbox"/> Fish of the Day with Lemon Sauce	A <input type="checkbox"/> Apricot Crumble
B <input type="checkbox"/> Beef Sausages with Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Lamb Scotch Broth