



Week Commencing: \_\_\_\_\_

## Meals Service Winter Menu – Week Four Menu

Name \_\_\_\_\_

Address \_\_\_\_\_

Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Two Fruits or Fresh Fruit  
If you would like Soup please tick the applicable box.  
Please return your completed menu to your driver.

<b>Monday – Delivered Monday. This Meal must be eaten on Monday.</b>	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Meatloaf with Gravy	A <input type="checkbox"/> Pavlova Roulade
B <input type="checkbox"/> Moroccan Chicken with Chicken Sauce	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Mild Lentil Curry Soup
<b>Tuesday – Delivered Monday. This Meal must be eaten on Tuesday.</b>	
Please select one main meal	Please select one main meal
A <input type="checkbox"/> Roast Beef with Gravy	A <input type="checkbox"/> Fruit Charlotte
B <input type="checkbox"/> Roast pork with Apple Sauce and Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Creamy Cauliflower Soup
<b>Wednesday – Delivered Wednesday. This Meal must be eaten on Wednesday.</b>	
Please select one main meal	Please select one main meal
A <input type="checkbox"/> Salmon Fillet with Hollandaise Sauce	A <input type="checkbox"/> Pavlova with Chantilly Cream & passionfruit
B <input type="checkbox"/> Beef Pie with Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Tomato and Basil Soup
<b>Thursday – Delivered Wednesday. This Meal must be eaten on Thursday.</b>	
Please select one main meal	Please select one main meal
A <input type="checkbox"/> Butter Chicken with Rice and Capsicum Strips	A <input type="checkbox"/> New York Baked Cheesecake
B <input type="checkbox"/> Char Sue style Pork	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Tuscan Chickpea Soup with Pasta
<b>Friday – Delivered Friday. This Meal must be eaten on Friday.</b>	
Please select one main meal	Please select one main meal
A <input type="checkbox"/> Roast lamb with Gravy and Mint Sauce	A <input type="checkbox"/> Tiramisu
B <input type="checkbox"/> Silverbeet and Ricotta Strudel with Relish	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Smoked Ham Hock and Pea Soup