



Week Commencing: \_\_\_\_\_

## Meals Service Winter Menu – Week Three Menu

Name \_\_\_\_\_

Address \_\_\_\_\_

Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Two Fruits or Fresh Fruit.  
If you would like Soup please tick the applicable box.  
Please return your completed menu to your driver.

Monday – Delivered Monday. This Meal must be eaten on Monday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Pork stew	A <input type="checkbox"/> Dutch Apple Cake with Chantilly Cream
B <input type="checkbox"/> Lamb and Rosemary Sausages	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Farmhouse Stockpot
Tuesday – Delivered Monday. This Meal must be eaten on Tuesday.	
Please select one main meal	Please select one main meal
A <input type="checkbox"/> Roast Lamb with Mint Sauce and Gravy	A <input type="checkbox"/> Rum Cake with Vanilla Custard
B <input type="checkbox"/> Roast Chicken with Chicken Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Chicken Chowder Soup
Wednesday – Delivered Wednesday. This Meal must be eaten on Wednesday.	
Please select one main meal	Please select one main meal
A <input type="checkbox"/> Beef Stroganoff	A <input type="checkbox"/> Lemon Meringue
B <input type="checkbox"/> Spinach and Ricotta Ravioli with Rich Napoli Sauce and Parmesan Cheese	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Moroccan Spiced Chickpea Soup
Thursday – Delivered Wednesday. This Meal must be eaten on Thursday.	
Please select one main meal	Please select one main meal
A <input type="checkbox"/> Roast lamb with Mint Sauce and Gravy	A <input type="checkbox"/> Chocolate Ripple Cake
B <input type="checkbox"/> Southern Fried Chicken with Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Mediterranean Spinach and Lentil Soup
Friday – Delivered Friday. This Meal must be eaten on Friday.	
Please select one main meal	Please select one main meal
A <input type="checkbox"/> Fish Fillet with Dill Sauce	A <input type="checkbox"/> Sticky Date Pudding with Caramel Sauce
B <input type="checkbox"/> Slow Cooked Pork Medallion with Honey Garlic Soy Sauce	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Sweet potato Soup