



Week Commencing: _____

Meals Service Winter Menu – Week Two Menu

Name _____

Address _____

Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Two Fruits or Fresh Fruit.
If you would like Soup please tick the applicable box.
Please return your completed menu to your volunteer.

Monday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Beef bourguignon	A <input type="checkbox"/> Pavlova with Berry Compote
B <input type="checkbox"/> Honey Garlic Pork Steak with Sauce	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Pea and Ham Soup
Tuesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Fish Fillet with Cheese and Parsley Sauce	A <input type="checkbox"/> Chocolate Fudge Self Saucing pudding
B <input type="checkbox"/> Braised Beef Ravioli With Napoli Sauce and Parmesan Cheese	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Minestrone Soup
Wednesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Chicken Schnitzel with Chicken Gravy	A <input type="checkbox"/> Bread and Butter pudding with Custard
B <input type="checkbox"/> Mushroom Risotto / Fresh Parmesan Cheese	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Creamy Potato and Leek Soup
Thursday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast turkey with Cranberry Sauce and Gravy	A <input type="checkbox"/> Pineapple Upside Down cake with Cream
B <input type="checkbox"/> Beef goulash	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Creamy Pumpkin Soup
Friday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Fish of the Day with Lemon Dill Sauce	A <input type="checkbox"/> Sticky Date Pudding with Caramel Sauce
B <input type="checkbox"/> Spanakopita with Relish	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Coconut Red Lentil Curry Soup