



Week Commencing: _____

Meals Service Winter Menu – Week One Menu

Name _____

Address _____

Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Two Fruits or Fresh Fruit.
If you would like Soup please tick the applicable box.
Please return your completed menu to your volunteer.

Monday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Wine Braised Beef Chuck Steak	A <input type="checkbox"/> Apple & Rhubarb Crumble
B <input type="checkbox"/> Blue Grenadier with Creamy Lemon Sauce	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Cream of Broccoli Soup
Tuesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Chicken Parmigiana	A <input type="checkbox"/> Butterscotch Self Saucing Pudding
B <input type="checkbox"/> Curried sausages	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Creamy Celeriac and Potato Soup
Wednesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Corned Silverside with Seeded Mustard Sauce	A <input type="checkbox"/> Berry Cobbler
B <input type="checkbox"/> Spinach & Ricotta Cannelloni with Rich Napoli Sauce and Parmesan Cheese	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Chicken and Asparagus Soup
Thursday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Beef with Yorkshire Pudding and Gravy	A <input type="checkbox"/> Orange and Ginger Steamed Pudding
B <input type="checkbox"/> Chicken with Teriyaki sauce	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Carrot and Ginger Soup
Friday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Fish of the day with Dill Sauce	A <input type="checkbox"/> Tiramisu
B <input type="checkbox"/> Vegetarian Lasagne	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Potato and Bacon Soup