



Week Commencing: _____

Meals Service Winter Menu – Week One Menu

Name _____

Address _____

Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Two Fruits or Fresh Fruit.

If you would like Soup please tick the applicable box.

Please return your completed menu to your driver.

Monday – Delivered Monday. This Meal must be eaten on Monday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Turkey and Cranberry sauce and Gravy	A <input type="checkbox"/> Apple Pie and Cream
B <input type="checkbox"/> Beef Sausages and Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Farmhouse Soup
Tuesday – Delivered Monday. This Meal must be eaten on Tuesday.	
Please select one main meal	Please select one main meal
A <input type="checkbox"/> Roast Pork and Apple Sauce and Gravy	A <input type="checkbox"/> Pavlova Roulade
B <input type="checkbox"/> Slow Cooked lamb with Mint Sauce and Gravy	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Tomato and Basil Soup
Wednesday – Delivered Wednesday. This Meal must be eaten on Wednesday.	
Please select one main meal	Please select one main meal
A <input type="checkbox"/> Wine Braised Beef Chuck Steak	A <input type="checkbox"/> Apple and Rhubarb Crumble
B <input type="checkbox"/> Blue Grenadier with Creamy lemon Sauce	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Cream of Broccoli Soup
Thursday – Delivered Wednesday. This Meal must be eaten on Thursday.	
Please select one main meal	Please select one main meal
A <input type="checkbox"/> Chicken Parmigiana	A <input type="checkbox"/> Butterscotch Self Saucing Pudding
B <input type="checkbox"/> Curried Sausages	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Creamy Celeriac and Potato Soup
Friday – Delivered Friday. This Meal must be eaten on Friday.	
Please select one main meal	Please select one main meal
A <input type="checkbox"/> Corned Silverside with Seeded Mustard	A <input type="checkbox"/> Berry Cobbler
B <input type="checkbox"/> Spinach and Ricotta Cannelloni Pasta with Rich Napoli Sauce and Parmesan Cheese	B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Two Fruits
	<input type="checkbox"/> Chicken and Asparagus Soup