

The BASScare Meals on Wheels service covers a significant area of Canterbury, Surrey Hills, Camberwell, Balwyn, Balwyn North, Hawthorn, Hawthorn East, Kew and Kew East, providing well over 100 meals each day to the aged and people with disabilities.

#### **Volunteers**

BASScare was started by a group of volunteers in 1956 and without their incredible dedication and support we could not provide the many services that are so valued by our clients today.

With respect and consideration, our volunteers deliver so much more than a nutritious meal. If we become aware of clients experiencing difficulties it is quickly brought to the attention of BASScare staff, family members or carers.

### Empowering those over 55 to feel good and live well through every stage of ageing

BASScare is a not-for-profit, community based provider offering a broad range of aged care services in Boroondara. These include:

- Home Care
- Social Support & Activity Programs
- Dementia Day Care Centres
   Maranoa House and Club
- Affordable Independent Living Units across 4 different Boroondara locations
- Respite & Permanent Residential Aged Care
   Faversham House
- Retirement Living Hester Canterbury
- **Assisted Living** Morgan Glen Iris

Further details available online or call to speak to our friendly staff



PHONE 03 9880 4703

POSTAL PO Box 304, Canterbury Vic 3126

ADDRESS 2 Rochester Road, Canterbury Vic 3126

**EMAIL** mealsservice@basscare.org.au

WEB www.basscare.org.au



## Delivering Meals on Wheels

We provide regular meals and caring contact with a smile for you or your loved ones





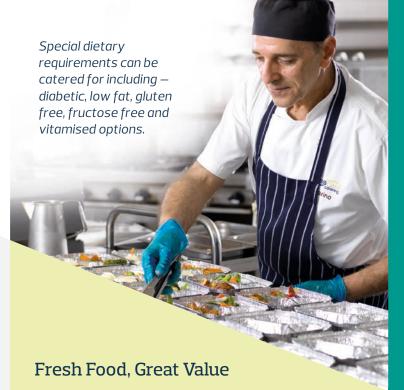
# Delivering nutritious, 3 course meals

Our Meals on Wheels program is a service we are proud to deliver throughout the Boroondara community.

More than just providing a nutritious, three course meal to people's homes, our trusted friendly staff and volunteers monitor the safety and wellbeing of clients providing peace of mind for family members.

Our service is also about fostering a sense of community and promoting independence.





We offer an affordable, high quality meal solution designed to promote healthy eating and a better quality of life for all our clients.



### **Designed by dietitians**

Nutritious meals and seasonal weekly menus to help keep you healthy and independent. We cater for special dietary requirements.



### **Prepared by Chefs**

Meals are freshly prepared daily by professional chefs in our purpose built industrial kitchen in Canterbury.

### Accessing Meals on Wheels

There are multiple avenues for accessing our service:

- Government subsidised meals via a referral to My Aged Care for over 65s.
- Partially subsidised meals via your Home Care Package.
  BASScare provides split invoices.
- Privately purchased meals
   an unsubsidised option.

Further details are available online or call to speak to our friendly staff.

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