

Week Commencing:

Name: _____

Address: _____

Please place completed menu in the plastic bag your receive it in and return to your driver.
Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.

MONDAY

Please Select one Main Meal

- A Slow Cooked Beef Cheeks
B Smoked Cod with Lemon Sauce

Please Select one Dessert

- A Pavlova with Chantilly Cream and Berry Compote
B Fresh Fruit Two Fruits
 Creamy Cauliflower Soup

TUESDAY

Please Select one Main Meal

- A Lamb Shepard's Pie
B Chicken Schnitzel with Gravy

Please Select one Dessert

- A White Chocolate and Raspberry Cheesecake
B Fresh Fruit Two Fruits
 Seafood Chowder

WEDNESDAY

Please Select one Main Meal

- A Salmon Fillet with Dill Sauce
B Pork Fennel Sausages with Gravy

Please Select one Dessert

- A Saffron Poached Apple
B Fresh Fruit Two Fruits
 Smoked Ham Hock and Pea Soup

THURSDAY

Please Select one Main Meal

- A Roast Beef and Gravy
B Bacon and Cheese Roll

Please Select one Dessert

- A Fruit Charlotte
B Fresh Fruit Two Fruits
 Potato and Leek Soup

FRIDAY

Please Select one Main Meal

- A Fish of the Day
B Spanakopita

Please Select one Dessert

- A Peach Crumble
B Fresh Fruit Two Fruits
 Tomato and Basil Soup

We value your opinion, please turn over to give your feedback.