

Week Commencing:

Ph. 9819 7194 or 9880 4751

Name: Addre			
Please place completed menu in the plastic bag your receive it in and return to your driver. Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.			
MONDAY			
Please Select one Main Meal		Please Select one Dessert	
A □	Garlic, Rosemary Marinated Lamb Roast	A □	Pear Frangipane Tart
В□	Chermoula Chicken Breast	В□	Fresh Fruit Two Fruits
			Chicken Noodle Soup
TUESDAY			
Please Select one Main Meal		Please Select one Dessert	
A □	Beef Casserole	A □	Golden Syrup Steamed Pudding
В□	Smoked Cod with Lemon Sauce	В□	Fresh Fruit Two Fruits
			Creamy Cauliflower Chowder
WEDNESDAY			
Please Select one Main Meal		Please Select one Dessert	
A □	Orange Glazed Pork Medallion	A □	Cherry Madeira Cake
В□	Spinach, Fetta and Tomato Quiche	В□	Fresh Fruit Two Fruits
			White Bean Soup
THURSDAY			
Please Select one Main Meal		Please	Select one Dessert
A □	Greek Lamb Roast	A 🗆	Baked Coconut Custard
В□	Tandoori Chicken Thigh Fillets	В□	Fresh Fruit Two Fruits
			Mulligatawny Soup
FRIDAY			
Please Select one Main Meal		Please Select one Dessert	
A □	Fish of the Day	A 🗆	White Chocolate and Raspberry Cheesecake
В□	Vegetarian Lasagne	В□	Fresh Fruit Two Fruits
			Potato and Leek Soup
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We value your opinion, please turn over to give your feedback.