

Week Commencing:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Please complete your menu and return to your driver. Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box.

**MONDAY – Delivered Monday. This Meal must be eaten on Monday.**

Please Select one Main Meal

- A ☐ Pork Meatloaf with Orange Sauce  
B ☐ Beef Goulash

Please Select one Dessert

- A ☐ Pineapple Upside Down Cake  
B ☐ Fresh Fruit ☐ Two Fruits  
☐ Creamy Broccoli Soup

**TUESDAY - Delivered Monday. This Meal must be eaten on Tuesday.**

Please Select one Main Meal

- A ☐ Roast Chicken and Gravy  
B ☐ Roast Lamb and Gravy

Please Select one Dessert

- A ☐ Dutch Apple Cake  
B ☐ Fresh Fruit ☐ Two Fruits  
☐ Lentil Curry Soup

**WEDNESDAY - Delivered Wednesday. This Meal must be eaten on Wednesday.**

Please Select one Main Meal

- A ☐ Slow Cooked Beef Cheeks  
B ☐ Smoked Cod with Lemon Sauce

Please Select one Dessert

- A ☐ Pavlova with Chantilly Cream and Berry Compote  
B ☐ Fresh Fruit ☐ Stewed Fruits  
☐ Creamy Cauliflower Soup

**THURSDAY - Delivered Wednesday. This Meal must be eaten on Thursday.**

Please Select one Main Meal

- A ☐ Lamb Shepard's Pie  
B ☐ Chicken Schnitzel with Gravy

Please Select one Dessert

- A ☐ White Chocolate and Raspberry Cheesecake  
B ☐ Fresh Fruit ☐ Two Fruits  
☐ Seafood Chowder

**FRIDAY- Delivered Friday. This Meal must be eaten on Friday.**

Please Select one Main Meal

- A ☐ Salmon Fillet with Dill Sauce  
B ☐ Pork Fennel Sausages with Gravy

Please Select one Dessert

- A ☐ Saffron Poached Apple  
B ☐ Fresh Fruit ☐ Two Fruits  
☐ Smoked Ham Hock and Pea Soup

We value your opinion, please turn over to give your feedback.