

## Meals Service Spring Menu - Week 3 Menu

Week Commencing:

Name:

Address:

Please place completed menu in the plastic bag your receive it in and return to your driver.

Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Two Fruits or Fresh

Fruit. If you would like Soup please tick the applicable box.

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MONDAY			
Please Select one Main Meal		Please Select one Dessert	
A □ Slow 0	Cooked Beef Cheeks	Α□	Pavlova with Chantilly Cream and Berry Compote
B □ Smoke	ed Cod with Lemon Sauce	В□	Fresh Fruit   Two Fruits
			Creamy Cauliflower Soup
TUESDAY			
Please Select	one Main Meal	Please	Select one Dessert
A 🗆 Lamb	Shepard's Pie	<b>A</b> □	White Chocolate and Raspberry
			Cheesecake
B  Chicke	n Schnitzel with Gravy	В□	Fresh Fruit   Two Fruits
			Seafood Chowder
WEDNESDAY			
Please Select one Main Meal		Please	Select one Dessert
A □ Salmo	n Fillet with Dill Sauce	<b>A</b> □	Saffron Poached Apple
B □ Pork F	ennel Sausages with Gravy	В□	Fresh Fruit   Two Fruits
			Smoked Ham Hock and Pea Soup
THURSDAY			
Please Select one Main Meal		Please	Select one Dessert
A □ Roast	Beef with Gravy	<b>A</b> □	Fruit Charlotte
B □ Bacon	and Cheese Roll	В□	Fresh Fruit   Two Fruits
			Potato and Leek Soup
FRIDAY			
Please Select one Main Meal		Please	Select one Dessert
A ☐ Fish o	f the Day	<b>A</b> □	Peach Crumble
B □ Spana	kopita	В□	Fresh Fruit   Two Fruits
			Tomato and Basil Soup

We value your opinion, please turn over to give your feedback.