

Name:

Week Commencing: 13th September 2021

Meals Service Spring Menu - Week 1 Menu

Ph. 9880 4703 Email: mealsservice@basscare.org.au

Address: Please place completed menu in the plastic bag your receive it in and return to your driver. Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Two Fruits or Fresh Fruit. If you would like Soup please tick the applicable box. **MONDAY** Please Select one Main Meal Please Select one Dessert **Garlic, Rosemary Marinated Lamb Roast** $A \square$ **A** □ Pear Frangipane Tart **Chermoula Chicken Breast** ВП B □ Fresh Fruit П **Two Fruits Chicken Noodle Soup** П **TUESDAY** Please Select one Main Meal Please Select one Dessert A ☐ Beef Casserole **Golden Syrup Steamed Pudding** $A \square$ B

Smoked Cod with Lemon Sauce Fresh Fruit □ **Two Fruits** ВП **Creamy Cauliflower Chowder** П **WEDNESDAY Please Select one Main Meal Please Select one Dessert Cherry Madeira Cake** A

Orange Glazed Pork Medallion $A \square$ В 🗆 Spinach, Fetta and Tomato Quiche $B \square$ Fresh Fruit ☐ Two Fruits П White Bean Soup **THURSDAY Please Select one Main Meal Please Select one Dessert** A ☐ Greek Lamb Roast A

Baked Coconut Custard **Tandoori Chicken Thigh Fillets B** ☐ Fresh Fruit ☐ Two Fruits В□ **Mulligatawny Soup FRIDAY Please Select one Main Meal Please Select one Dessert** White Chocolate and Raspberry Cheesecake A ☐ Fish of the Day $A \square$ Vegetarian Lasagne Fresh Fruit **Two Fruits** В□ $\mathsf{B} \square$ **Potato and Leek Soup**

We value your opinion, please turn over to give your feedback.