

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
						1		2		3	4
Bookings Essential for all activities 9880 4709											
Exercise Classes* Novice = (*N) Tues with Anne Fisher, Intermediate = (*I) Wed with Bob McQuillen, Thurs with Matthew Azzopardi Advanced = (*A) Thurs with Sue McQuillen						10.00am Exercise Class (*A) 10.00am Exercise Class (*I) (Marwal) 12.00pm Lunch (Marwal) 12.30pm Lunch 1.00pm Exercise Physiology 1.30pm Pottery 1.30pm BC-Connected – Tech Help		Day Trip Panton Hill Hotel 9.00am Hairdresser (Marwal) 1.30pm Art Class 1.30pm BC-Connected – Tech Help			12.30pm Lunch
5		6		7		8		9		10	11
9.00am Podiatry (Marwal)		Day Trip	Off the Pier, Williamstown	10.00am Exercise Class (*I)		10.00am Exercise Class (*A)		Day Trip	Pig & Whistle Tavern, Olinda		
10.30am North Balwyn Seniors – Social Meeting & Music (Marwal)		10.00am Exercise Physiology		10.30am Learn Laugh & Lunch Group		10.00am Exercise Class (*I) (Marwal)		9.00am Hairdresser			
12.30pm Lunch		10.00am Exercise Class (*N)		12.30pm Lunch		12.00pm Lunch (Marwal)					12.30pm Lunch
1.30pm Brain Games		11.15am Exercise Class (*N)		1.30pm Craft		12.30pm Lunch		1.30pm Art Class			
		12.30pm Lunch		1.30pm Movie		1.00pm Exercise Physiology		1.30pm BC-Connected – Tech Help			
		1.30pm BC-Connected – Tech Help				1.30pm Pottery		1.30pm BC-Connected – Tech Help			
						1.30pm BC-Connected – Tech Help					
						1.30pm Games and Cards					
12		13		14		15		16		17	18
9.00am Podiatry		Day Trip	Cardinia Club, Pakenham	10.00am Exercise Class (*I)		10.00am Exercise Class (*A)		Day Trip	Earthly Pleasures Café, Belgrave		
10.30am North Balwyn Seniors – Social Meeting & Music (Marwal)		10.00am Exercise Physiology		10.30am Learn Laugh & Lunch Group		10.00am Exercise Class (*I) (Marwal)		9.00am Hairdresser (Marwal)			
12.30pm Lunch		10.00am Exercise Class (*N)		12.30pm Lunch		12.00pm Lunch (Marwal)					12.30pm Lunch
1.30pm Brain Games		11.15am Exercise Class (*N)		1.30pm Craft		12.30pm Lunch		1.30pm Art Class			
		12.30pm Lunch		1.30pm Movie		1.00pm Exercise Physiology		1.30pm BC-Connected – Tech Help			
		1.30pm BC-Connected – Tech Help				1.30pm Pottery		1.30pm BC-Connected – Tech Help			
						1.30pm BC-Connected – Tech Help					
						3.15pm Music for Wellbeing (Maranoa)					
19		20		21		22		23		24	25
9.00am Podiatry (Marwal)		Day Trip	Manhattan Hotel, Ringwood	10.00am Exercise Class (*I)		10.00am Exercise Class (*A)		Day Trip	The Courthouse Hotel, Bacchus Marsh		
10.30am North Balwyn Seniors – Social Meeting & Music (Marwal)		10.00am Exercise Physiology		10.30am Learn Laugh & Lunch Group		10.00am Exercise Class (*I) (Marwal)		9.00am Hairdresser			
12.30pm Lunch		10.00am Exercise Class (*N)		12.15pm Christmas in July Lunch		12.00pm Lunch (Marwal)					12.30pm Lunch
1.30pm Brain Games		11.15am Exercise Class (*N)		1.30pm Craft		12.30pm Lunch		1.30pm Art Class			
		12.30pm Lunch		1.30pm Movie		1.00pm Exercise Physiology		1.30pm BC-Connected – Tech Help			
		1.30pm BC-Connected – Tech Help				1.30pm Pottery		1.30pm BC-Connected – Tech Help			
						1.30pm BC-Connected – Tech Help					
26		27		28		29		30		31	1
9.00am Podiatry		Day Trip	The Hatter & the Hare, Bayswater	10.00am Exercise Class (*I)		10.00am Exercise Class (*A)		Day Trip	Prahran Market		
10.30am North Balwyn Seniors – Social Meeting & Music (Marwal)		10.00am Exercise Physiology		10.30am Learn Laugh & Lunch Group		10.00am Exercise Class (*I) (Marwal)		9.00am Hairdresser (Marwal)			
12.30pm Lunch		10.00am Exercise Class (*N)		12.30pm Lunch		11.30am Winter Dance (Marwal)					
1.30pm Brain Games		11.15am Exercise Class (*N)		1.30pm Craft		12.30pm Lunch		1.30pm Art Class			
		12.30pm Lunch		1.30pm Movie		1.00pm Exercise Physiology		1.30pm BC-Connected – Tech Help			
		1.30pm BC-Connected – Tech Help				1.30pm Pottery		1.30pm BC-Connected – Tech Help			
						1.30pm BC-Connected – Tech Help					

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
26		27		28		29		30		31	1
											12.30pm Lunch
2		3		4		5		6		7	8
9.00am Podiatry (Marwal)	10.30am North Balwyn Seniors - Social Meeting & Music (Marwal)	Day Trip	The Growling Frog, Donnybrook	10.00am Exercise Class (*I)	10.30am Learn Laugh & Lunch Group	10.00am Exercise Class (*A)	10.00am Exercise Class (*I) (Marwal)	Day Trip	Pettys Orchards, Templestowe		12.30pm Lunch
12.30pm Lunch	1.30pm Brain Games	10.00am Exercise Physiology	10.00am Exercise Class (*N)	12.30pm Lunch	1.30pm Craft	12.00pm Lunch (Marwal)	12.30pm Lunch	9.00am Hairdresser			
		11.15am Exercise Class (*N)	12.30pm Lunch	1.30pm Craft	1.30pm Movie	1.00pm Exercise Physiology	1.30pm Pottery	1.30pm Art Class			
		1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help	1.30pm Movie		1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help			
9		10		11		12		13		14	15
9.00am Podiatry	10.30am North Balwyn Seniors – Social Meeting & Music (Marwal)	Day Trip	The Italian Sports Club, Werribee	10.00am Exercise Class (*I)	10.30am Learn Laugh & Lunch Group	10.00am Exercise Class (*A)	10.00am Exercise Class (*I) (Marwal)	Day Trip	SEA LIFE Melbourne Aquarium		12.30pm Lunch
12.30pm Lunch	1.30pm Brain Games	10.00am Exercise Physiology	10.00am Exercise Class (*N)	10.45am Music Always Concert – Stiletto Sisters	12.30pm Lunch	12.00pm Lunch (Marwal)	12.30pm Lunch	9.00am Hairdresser (Marwal)			
		11.15am Exercise Class (*N)	12.30pm Lunch	12.30pm Lunch	1.30pm Craft	1.00pm Exercise Physiology	1.30pm Pottery	1.30pm Art Class			
		1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help	1.30pm Craft	1.30pm Movie	1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help			
16		17		18		19		20		21	22
Day Trip	Boroodara Blokes - Williamstown	Day Trip	Terminus Hotel, Healesville	10.00am Exercise Class (*I)	10.30am Learn Laugh & Lunch Group	10.00am Exercise Class (*A)	10.00am Exercise Class (*I) (Marwal)	Day Trip	Noojee Hotel		12.30pm Lunch
9.00am Podiatry (Marwal)	10.30am North Balwyn Seniors – Social Meeting & Music (Marwal)	10.00am Exercise Physiology	10.00am Exercise Class (*N)	12.30pm Lunch	1.30pm Craft	12.00pm Lunch (Marwal)	12.30pm Lunch	9.00am Hairdresser			
12.30pm Lunch	1.30pm Brain Games	11.15am Exercise Class (*N)	12.30pm Lunch	1.30pm Craft	1.30pm Movie	1.00pm Exercise Physiology	1.30pm Pottery	1.30pm Art Class			
		1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help	1.30pm Movie		1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help			
						3.15pm Music for Wellbeing (Maranoa)					
23		24		25		26		27		28	29
9.00am Podiatry	10.30am North Balwyn Seniors – Social Meeting & Music (Marwal)	Day Trip	Primary @ Pioneers Park, Berwick	10.00am Exercise Class (*I)	10.30am Learn Laugh & Lunch Group	10.00am Exercise Class (*A)	10.00am Exercise Class (*I) (Marwal)	Day Trip	Madeline's Café, Wheelers Hill		12.30pm Lunch
12.30pm Lunch	1.30pm Brain Games	10.00am Exercise Physiology	10.00am Exercise Class (*N)	12.30pm Lunch	1.30pm Craft	12.00pm Lunch (Marwal)	12.30pm Lunch	9.00am Hairdresser (Marwal)			
		11.15am Exercise Class (*N)	12.30pm Lunch	1.30pm Craft	1.30pm Movie	1.00pm Exercise Physiology	1.30pm Pottery	1.30pm Art Class			
		1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help	1.30pm Movie		1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help			
30		31		Bookings Essential for all activities 9880 4709							
Day Trip	Boroodara Blokes - Men's Shed	Day Trip	Garden World	Exercise Classes* Novice = (*N) Tues with Anne Fisher, Intermediate = (*I) Wed with Bob McQuillen, Thurs with Matthew Azzopardi Advanced = (*A) Thurs with Sue McQuillen							
9.00am Podiatry (Marwal)	10.30am North Balwyn Seniors – Social Meeting & Music (Marwal)	10.00am Exercise Physiology	10.00am Exercise Class (*N)								
12.30pm Lunch	1.30pm Brain Games	11.15am Exercise Class (*N)	12.30pm Lunch								
		1.30pm BC-Connected – Tech Help	1.30pm BC-Connected – Tech Help								