

Week Commencing:

Name:

Ph. 9819 7194 or 9880 4751

Address:			
Please place completed menu in the plastic bag your receive it in and return to your driver. Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert or Fresh Fruit. If you would like Soup please tick the applicable box.			
MONDAY			
Please	Select one Main Meal	Please	Select one Dessert
A □	Wine Braised Beef Chuck	A □	Apple and Rhubarb Crumble
В□	Salmon Fillets with Creamy Lemon Sauce	В□	Fresh Fruit Two Fruits
			Cream of Broccoli
TUESDAY			
Please	ease Select one Main Meal Please Select one Dessert		
A □	Chicken Parmigiana	Α□	Butterscotch Self Saucing Pudding
В□	Curried Sausages with Rice	В□	Fresh Fruit Two Fruits
			Creamy Celeriac and Potato Soup
WEDNESDAY			
Please Select one Main Meal		Please	Select one Dessert
A □	Lamb Shepard's Pie	A 🗆	Chocolate Lava Cake
В□	Corned Silverside with Seeded Mustard	В□	Fresh Fruit Two Fruits
	Sauce		
			Asparagus ad Chicken Soup
THURSDAY			
Please	Select one Main Meal	Please Select one Dessert	
A □	Roast Beef with Gravy	A□	Orange Ginger Steamed Pudding
В□	Roast Pork with Apple Sauce	В□	Fresh Fruit Two Fruits
			Carrot and Lentil Soup
FRIDAY			
Please Select one Main Meal		Please Select one Dessert	
A □	Fish of the Day with Dill Sauce	A 🗆	Tiramisu
В□	Vegetarian Lasagne	В□	Fresh Fruit Two Fruits
			Potato and Leek Soup

We value your opinion, please turn over to give your feedback.