

Week Commencing:

Name: _____

Address: _____

Please complete your menu and return to your driver.

Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Stewed Fruit or Fresh Fruit. If you would like Soup please tick the applicable box.

MONDAY – Delivered Monday. This Meal must be eaten on Monday.

Please Select one Main Meal

- A Pork Steak
B Beef Sausages & Gravy

Please Select one Dessert

- A Raspberry Cheesecake
B Fresh Fruit Two Fruits
 Farmhouse Stockpot

TUESDAY - Delivered Monday. This Meal must be eaten on Tuesday.

Please Select one Main Meal

- A Roast Chicken with Gravy
B Roast Lamb with Mint Sauce

Please Select one Dessert

- A Steamed Lemon Sponge with Custard
B Fresh Fruit Two Fruits
 Chicken Noodle Soup

WEDNESDAY - Delivered Wednesday. This Meal must be eaten on Wednesday.

Please Select one Main Meal

- A Slow Cooked Beef Cheeks
B Honey Garlic Pork Steak

Please Select one Dessert

- A Pavlova and Berry Compote
B Fresh Fruit Two Fruits
 Pea and Ham Soup

THURSDAY - Delivered Wednesday. This Meal must be eaten on Thursday.

Please Select one Main Meal

- A Chermoula Chicken Breast
B Baked Basa Fillet with Cheese and Parsley Sauce

Please Select one Dessert

- A Chocolate Fudge Self Saucing Pudding
B Fresh Fruit Two Fruits
 Cream of Celery Soup

FRIDAY- Delivered Friday. This Meal must be eaten on Friday.

Please Select one Main Meal

- A Beef Steak with Gravy
B Pork and Sage Casserole

Please Select one Dessert

- A Bread and Butter Pudding
B Fresh Fruit Two Fruits
 Creamy Potato and Fennel Soup

We value your opinion, please turn over to give your feedback.