

**Week Commencing:** 

Name:

Ph. 9880 4703

Address:				
Please place completed menu in the plastic bag your receive it in and return to your driver. Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert or Fresh Fruit. If you would like Soup please tick the applicable box.				
MONDAY				
Please	Select one Main Meal	Please	Select one Dessert	
<b>A</b> □	Wine Braised Beef Chuck	<b>A</b> □	Apple and Rhubarb Crumble	
В□	Salmon Fillets with Creamy Lemon	В□	Fresh Fruit   Two Fruits	
	Sauce			
			Cream of Broccoli	
TUESDAY				
Please	ase Select one Main Meal Please Select one Dessert			
<b>A</b> □	Chicken Parmigiana	<b>A</b> □	<b>Butterscotch Self Saucing Pudding</b>	
В□	Curried Sausages with Rice	В□	Fresh Fruit   Two Fruits	
			Creamy Celeriac and Potato Soup	
WEDNESDAY				
Please Select one Main Meal		Please	Select one Dessert	
<b>A</b> □	Lamb Shepard's Pie	A□	Chocolate Lava Cake	
В□	Corned Silverside with Seeded Mustard	В□	Fresh Fruit   Two Fruits	
	Sauce			
			Asparagus ad Chicken Soup	
THURSDAY				
Please	Please Select one Main Meal		Please Select one Dessert	
<b>A</b> □	Roast Beef with Gravy	Α□	Orange Ginger Steamed Pudding	
В□	Roast Pork with Apple Sauce	В□	Fresh Fruit   Two Fruits	
			Carrot and Lentil Soup	
FRIDAY				
Please Select one Main Meal		Please Select one Dessert		
<b>A</b> □	Fish of the Day with Dill Sauce	A 🗆	Tiramisu	
В□	Vegetarian Lasagne	В□	Fresh Fruit   Two Fruits	
			Potato and Leek Soup	

We value your opinion, please turn over to give your feedback.