

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
<b>31</b>	Bookings Essential for all activities <b>9880 4709</b>				<b>1</b>	<b>2</b>
9.00am Podiatry 10.30am North Balwyn Seniors - Social Meeting & Music (Marwal) 12.30pm Lunch 1.30pm Brain Games	<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;"> <p style="color: red; font-weight: bold;">Exercise Classes*</p> </div> <div style="width: 60%;"> <p><b>Novice = (*N)</b> Tues with Anne Fisher,  <b>Intermediate = (*I)</b> Wed with Bob McQuillen, Thurs with Matthew Azzopardi  <b>Advanced = (*A)</b> Thurs with Sue McQuillen</p> </div> </div>					12.30pm Lunch
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
10.30am North Balwyn Seniors - Social Meeting & Music (Marwal) 12.30pm Lunch 1.30pm Brain Games	<b>Day Trip</b> 10.00am <b>Madeline's Café, Jells Park</b> 10.00am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected - Tech Help 1.30pm Falls Prevention Class	10.00am Exercise Class (*I) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Craft 1.30pm Movie	10.00am Exercise Class (*A) 10.00am Exercise Class (*I) (Marwal) 12.00pm Lunch (Marwal) 12.30pm Lunch 1.00pm Exercise Physiology 1.30pm Pottery 1.30pm Movie Group (Phone) 1.30pm BC-Connected - Tech Help	<b>Day Trip</b> Beasley's Nursery & Tea House 9.00am Hairdresser (Marwal) 9.00am Podiatry 1.30pm BC-Connected - Tech Help		12.30pm Lunch
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
10.30am North Balwyn Seniors - Social Meeting & Music (Marwal) 12.30pm Lunch 1.30pm Brain Games	<b>Day Trip</b> Heide Café & Museum of Modern Art 10.00am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected - Tech Help 1.30pm Falls Prevention Class	10.00am Exercise Class (*I) 10.30am Learn Laugh & Lunch Group 10.45am <b>Movie Special: 'Penguin Bloom'</b> 12.30pm Lunch 1.30pm Craft 1.30pm Movie	10.00am Exercise Class (*A) 10.00am Exercise Class (*I) (Marwal) 12.00pm Lunch (Marwal) 12.30pm Lunch 1.00pm Exercise Physiology 1.30pm Pottery 1.30pm Movie Group (Phone) 1.30pm BC-Connected - Tech Help 1.30pm <b>Games and Cards</b>	<b>Day Trip</b> The Boulevard @ Montsalvat 9.00am Hairdresser 9.00am Podiatry (Marwal) 1.30pm BC-Connected - Tech Help		12.30pm Lunch
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
9.00am Podiatry 10.30am North Balwyn Seniors - Social Meeting & Music (Marwal) 12.30pm Lunch 1.30pm Brain Games	<b>Day Trip</b> Waverly R.S.L. 10.00am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected - Tech Help 1.30pm Falls Prevention Class	10.00am Exercise Class (*I) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Craft 1.30pm Movie	10.00am Exercise Class (*A) 10.00am Exercise Class (*I) (Marwal) 12.00pm Lunch (Marwal) 12.30pm Lunch 1.00pm Exercise Physiology 1.30pm Pottery 1.30pm Movie Group (Phone) 1.30pm BC-Connected - Tech Help 3.30pm <b>Music for Wellbeing</b> (Maranoa)	<b>Day Trip</b> The Chocolate House, Richmond 9.00am Hairdresser (Marwal) 9.00am Podiatry 1.30pm BC-Connected - Tech Help		12.30pm Lunch
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
9.00am Podiatry (Marwal) 10.30am North Balwyn Seniors - Social Meeting & Music (Marwal) 12.30pm Lunch 1.30pm Brain Games	<b>Day Trip</b> Ricketts Point Tea House 10.00am Exercise Physiology 10.00am Exercise Class (*N) 11.15am Exercise Class (*N) 12.30pm Lunch 1.30pm BC-Connected - Tech Help 1.30pm Falls Prevention Class	10.00am Exercise Class (*I) 10.30am Learn Laugh & Lunch Group 12.30pm Lunch 1.30pm Craft 1.30pm Movie	10.00am Exercise Class (*A) 10.00am Exercise Class (*I) (Marwal) 11.00am <b>Biggest Morning High Tea</b> 12.00pm Lunch (Marwal) 12.30pm Lunch 1.00pm Exercise Physiology 1.30pm Pottery 1.30pm Movie Group (Phone) 1.30pm BC-Connected - Tech Help	<b>Day Trip</b> Panton Hill Hotel 9.00am Hairdresser (Marwal) 1.30pm BC-Connected - Tech Help		12.30pm Lunch

