

Meals Service Autumn Menu - Week 4 Menu Ph. 9819 7194 or 9880 4751

week commencing:		
Name:		
Address:		
Please place completed menu in the plastic bag your receive it in and return to your driver. Please select your meal by placing a tick next to one Main Meal (A,B or C)) and Dessert or Fresh Fruit. If you would like Soup please tick the applicable box.		
MONDAY		
Please Select one Main Meal		Please Select one Dessert
A □	Lamb Shepard's Pie	A ☐ Lemon Meringue
В□	Roast Beef with Yorkshire Pudding	B ☐ Fresh Fruit ☐ Stewed Fruit
С□	Potato and Bacon Salad	☐ Beef and Vegetable Soup
UESDAY		
Please So	elect one Main Meal	Please Select one Dessert
A □	Char Sue Pork	A ☐ Apricot Cheesecake
В□	Butter Chicken	B ☐ Fresh Fruit ☐ Stewed Fruit
СП	Egg and Ham Salad	☐ Smoked Ham Hock and Pea Soup
WEDNESDAY		
Please So	elect one Main Meal	Please Select one Dessert
A □	Slow Cooked Beef Brisket	A Spiced Apple Roll
В□	Salmon Fillet with Hollandaise Sauce	B ☐ Fresh Fruit ☐ Stewed Fruit
СП	Greek Salad	☐ Creamy Zucchini and Basil Soup
HURSDAY		
Please Select one Main Meal		Please Select one Dessert
A □	Roast lamb with Gravy	A Chocolate Lava Cake
В□	Chicken Roulade filled with Ricotta	B ☐ Fresh Fruit ☐ Stewed Fruit
	cheese and Semidried Tomato	
СП	Nicoise Salad with Tuna	☐ French Onion Soup
RIDAY		
Please So	elect one Main Meal	Please Select one Dessert
A □	Fish of the Day with Creamy Dill Sauce	A ☐ Sticky Date Pudding
В□	Creamy Mushroom Risotto Served	B ☐ Fresh Fruit ☐ Stewed Fruit
	with Fresh Parmesan Cheese	
$\subset \Box$	Chickon Salad	☐ Coconut Red Lentil Curry Soun

We value your opinion, please turn over to give your feedback.