

**Week Commencing:** 

Address:		
Please place completed menu in the plastic bag your receive it in and return to your driver.  Please select your meal by placing a tick next to one Main (A, B or C)) and Dessert or Fresh Fruit. If you would like Soup please tick the applicable box.		
MONDAY		
Please	Select one Main Meal	Please Select one Dessert
<b>A</b> □	Beef Diane	A   White Chocolate and Raspberry Cheesecake
В□	Pumpkin and Basil Risotto Served with	B  Fresh Fruit  Stewed Fruit
	Garlic Bread & Fresh Parmesan Cheese	
С□	Ham, Beetroot & Egg Salad	☐ Cream of Celery Soup
TUESDAY		
Please	Select one Main Meal	Please Select one Dessert
<b>A</b> □	Slow Cooked Lamb Noisettes with Red	A   Plum Pudding with Warm Custard
	Wine Sauce	
В□	Pasta Bolognaise and Fresh Parmesan Cheese	B ☐ Fresh Fruit ☐ Stewed Fruit
СП	Greek Salad	☐ Lamb Scotch Broth
WEDNESDAY		
Please	Select one Main Meal	Please Select one Dessert
<b>A</b> □	Honey Soy Chicken	A   Blueberries Panna cotta
В□	Garlic Prawns with Rich Creamy Sauce	B ☐ Fresh Fruit ☐ Stewed Fruit
СП	Chicken Salad	☐ Lentil Curry Soup
THURSDAY		
Please Select one Main Meal		Please Select one Dessert
<b>A</b> □	Roast Turkey with Gravy	A   Chocolate Eclairs
В□	Roast Beef with Gravy	B ☐ Fresh Fruit ☐ Stewed Fruit
СП	Nicoise Salad with Tuna	☐ Mushroom Soup
FRIDAY		
Please Select one Main Meal		Please Select one Dessert
<b>A</b> □	Fish of the Day with Lemon Sauce	A ☐ Apricot Crumble
В□	Mediterranean Vegetable Flan with Relish	B ☐ Fresh Fruit ☐ Stewed Fruit
СП	Caesar Salad	☐ Creamy Pumpkin Soup

We value your opinion, please turn over to give your feedback.